

NOVEMBER 2021

DELIVERED MONTHLY TO 2,500 HOUSEHOLDS

THE DEER RIDGE JOURNAL

THE OFFICIAL DEER RIDGE COMMUNITY NEWSLETTER



Deer Ridge

Photo Corner

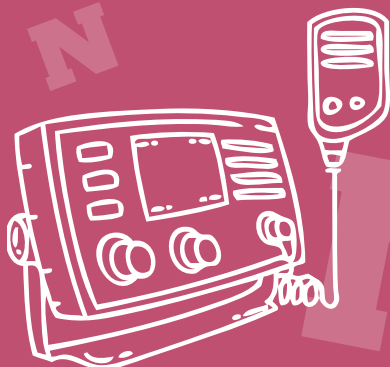
by Miles Malbasa

"Volunteers at the Community Garden Cleanup Event"



N for November

The NATO phonetic alphabet is a very cool way to clarify what you are saying when communicating from far distances, or across devices. November is actually used in the 26-letter alphabet and is the only month of the year to be included.



Pet Lovers in the Community



If you have a pet and are struggling to make ends meet, "Pet Food Help and Support" can help you out. This organization is a Facebook group that welcomes help to everyone and is dedicated to feeding hungry pets – one pet at a time. Join this Facebook group today for assistance. Once you reach out for help, an arrangement can be made to get you a monthly supply of much needed food for your fur babies.

Please visit our Facebook page at <https://www.facebook.com/groups/albertapethelp> for more information, and to sign up today!

Bad Day

by Joni Righthand

To get in touch with Joni, please email punctassoc@hotmail.com



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Deer Ridge Community Association

Box 43052
Calgary, Alberta T2J 7A7

Visit our website at www.deerridgeca.com
If you have any questions or concerns, please contact us at DeerRidgeCA@gmail.com

OUR VISION: We will be a safe community with established programs and facilities, committed volunteers, and we'll be financially stable.

OUR MISSION: To enhance the quality of life in Deer Ridge for today and the future by establishing and fulfilling the common goals, needs and interests of our community.

Board of Directors & Community Contacts

EXECUTIVE

President	Don Berdeyney	
1st Vice President	Bob Hall	403-278-6817
2nd Vice President	John Life	
Treasurer	Kim Aurini	
Secretary	Dawn Wallace	403-606-7331

PAST PRESIDENT

Past President	Dawn Wallace	403-606-7331
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**WE NEED YOU! CONTACT US TO VOLUNTEER
AND GET INVOLVED IN YOUR COMMUNITY.**

DIRECTORS AT LARGE

Director at Large	Lanis Anderson
Director at Large	Barb Chapin

COMMUNITY COORDINATORS

Movie in the Park Coordinator	Open	
Casino Coordinator	Barb Chapin	
Ice Rink Coordinator	Bob Hall	403-278-6817
Community Garden	Bob Hall	403-278-6817
Tennis Court Coordinator	Larry Lemieux	
Trico Representative	Open	
Newsletter Advertising	Great News Media	403-720-0762
Newsletter Coordinator	Gertrud VanDerMey	



Good Food Box

Good Food Boxes, prepared by the Community Kitchen Program of Calgary, contain a combination of fresh fruits and vegetables bought directly from farmers and wholesalers. Good Food Box is a program to help anyone and everyone access fresh fruits and vegetables, regularly, and affordably. Learn more about the Good Food Box program at <https://www.ckpcalgary.ca/program-services/good-food-box>.

Box Options

Small Box: \$25, 20-25lbs* of fruits and vegetables

Medium Box: \$30, 30-35lbs* of fruits and vegetables

Large Box: \$35, 40-45lbs* of fruits and vegetables

**Please note, weights are approximate and will vary depending on produce size and density*

Order Day

November 30

Pickup Day

December 9

To order or pick up, please contact Emma at 403-278-8263, at Deer Park United Church, 77 Deerpoint Rd SE.





Box 43052, RPO Deer Valley SE, Calgary, AB - T2J 7A7

Membership Request / Renewal Form

Deer Ridge Community Association memberships are available online at www.DeerRidgeCA.com/Membership/ or you may mail the form below along with cheque payable to: "Deer Ridge Community Association".

The Deer Ridge Community Association membership fee is \$15 per household. Two membership cards, printed with family last name(s), will be mailed to you. Your membership grants you Deer Ridge Community Association voting privileges. We invite all Deer Ridge residents to actively participate in the decisions shaping your community.

Thank-you in advance for your support!



Deer Ridge Community Association Membership 2021 - 2022

First Name: _____ Last Name: _____

Additional family members: _____

Address: _____

Postal Code: _____ Phone Number(s): _____

Email: _____

** Please note your email address will be added to electronic mailing list used for notifications of upcoming community events, information, and volunteer opportunities. We use Mailchimp.com to manage subscriber email.*

Deer Ridge Community Association

Box 43052, RPO Deer Valley SE, Calgary, AB - T2J 7A7

Tel: 403-606-7331 | Email: DeerRidgeCA@gmail.com | Website: DeerRidgeCA.com

Facebook: [Deer Ridge Community Association](https://www.facebook.com/DeerRidgeCommunityAssociation) | Twitter: [@DeerRidgeCA](https://twitter.com/DeerRidgeCA)



MESSAGE FROM THE BOARD

November has arrived and our thoughts go to remembrance of the sacrifices that were made for the liberties and democracy that we enjoy in this wonderful country of ours, our province, our city, and in our own community of Deer Ridge. We owe a debt of gratitude to those who paid with their lives, or their mental and physical health, so that we might live in peace. Let us remember them this November 11.

Deer Ridge Community Association Annual General Meeting

The Deer Ridge CA AGM was held September 21. The membership elected two new Board Members, Don Burdeyney and John Life. Don Burdeyney was voted in as our new Community Association President. Get to know Mr. Burdeyney – check out his bio in this newsletter.

Tennis Courts

A motion, presented at the Deer Ridge CA AGM, to paint pickleball courts on the tennis courts was not carried, and repairs to the tennis court surface began in October. A big shout out to Mr. Larry Lemieux for looking after putting up and taking down the tennis nets and looking after the tennis courts again this year. Larry, your dedicated volunteer service taking care of the tennis courts for so many years is truly appreciated!

Community Gardens

The Community Gardens wind up event was held on October 3, and it was our most successful ever. So many volunteers were able to come out, and many hands made short work of the garden clean-up – and also of the free community garden volunteer barbecue that followed. Led by Mr. Bob Hall, volunteers harvested, cleaned, roto-tilled, and mulched - while kids helped out and enjoyed playtime on the grass and pickleball courts. We look forward to seeing you all again in the spring.

Can't wait for next year? Look for an email in late March or April to choose your plots for the 2022 growing season. The gardens will start up again in May and we look forward to seeing you all again.

Casino

A great big thank you goes out to everyone who volunteered to help out at the Fundraising Casino on October 14 and 15. Casino funds are the backbone of our funding for community amenities and programs, so we are very grateful for your participation in making this a successful event.

Casino volunteering is still a great opportunity to meet neighbours and help ensure AGLC funding is available to the community for facilities and programs such as: ice rinks, tennis courts, replace aging structures in playgrounds, youth programs, and special events like Movie at Yellow Slide Park.

Skating Rinks

Deer Ridge CA is fortunate to have two skating rinks – one for shinny hockey and the other for pleasure skating. Ice preparation will begin as soon as the weather is cold enough to hold the ice, and we are looking for volunteers to help make that happen. Our CA is very fortunate to have an Olympia ice grooming machine to assist in the process. Mr. Bob Hall leads the team of volunteers for ice making and maintenance, and rink maintenance. Please connect with Bob if you are interested in helping to keep the rinks in great shape for our kids and adult skaters.



Readying the ice

Upcoming Events

Upcoming events for Deer Ridge are COVID restriction dependent – the Board is, however, still hoping to hold the following events:

• December Christmas Party

Early in Christmas, we're hoping Santa can still come to the Queensland Community Centre with gifts and festivities for excited and hopeful Queensland and Deer Ridge kids. Please watch community news bulletins and our website for updates.

• Deer Ridge Annual January Family Skate

We're hoping to be able to organize the Deer Ridge Annual January Family Skate in January, with a fallback date in February. This free family and friends' event is a much anticipated and well attended event that features music, a fire to warm our hands and feet, hot dogs and hot chocolate if restrictions allow, and lots of skating.

Upcoming Board Meetings

Deer Ridge CA Board meetings are held at 7:00 pm on the third Tuesday of the month. Locations are announced on the website – the CA has been having virtual meetings, with the exception of the AGM, which was an in-person meeting.

Next Meeting: November 16, 7:00 pm, location TBA

Avoiding Sewer Backups in Your Home is as Easy as 1-2-3

Pee, poo, and toilet paper. These are the only three things that should be flushed down your toilet. Anything else can result in clogged pipes and unnecessary repairs to your home and The City's wastewater system.

- Wipes that claim to be flushable aren't. Toilet paper will disintegrate after it's flushed, but so-called "flushable" wipes retain their shape and strength, causing blockages in pipes.
- Paper towel and facial tissue also don't break down when flushed. Anything used as toilet paper should be bagged and put in your black cart.
- Trace amounts of pills and medication can remain in the water, potentially harming fish and wildlife. Take unwanted medication to a pharmacy for disposal.
- Dental floss, cotton swabs, feminine hygiene products, condoms, and cosmetics should be put in your black cart.
- Hair is a small thing that can cause big problems! Hair build-up in our treatment plants can result in equipment being shut down for manual cleaning. Put hair in your green cart.
- Fats, oils, and grease can build up in your pipes, restricting flow. When mixed with other non-flushable items, the resulting blockage can measure up to several feet in diameter. Mix small amounts of oil with paper towel, place in a certified compostable bag and dispose of the bag in your green cart.
- Cleaners, disinfectant, chemicals, and paint thinners are considered household hazardous waste and should be taken to a designated drop-off location for safe disposal.

Visit calgary.ca/whatnottoflush.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Community Resources for Vulnerable Citizens

Calgary Alpha House Society is a local non-profit, charitable agency providing supports to men and women whose lives have been impacted by alcohol and other drug dependencies. Our work positively impacts Calgary communities by providing help to vulnerable citizens. In doing so, we divert individuals away from unnecessary uses of health care, criminal justice, and emergency systems by building relationships and connecting clients to more appropriate resources. Some of Alpha House's resources are listed here. We encourage you to use them where appropriate.

Join us in creating community for everyone.

The DOAP Team

403-998-7388

24/7

Non-emergency number for individuals on the street needing assistance.

Needle Response Team

403-796-5334

Monday to Friday, 8:00 am to 6:00 pm

Mobile unit cleaning up needle and needle debris on public and private property.

Encampment Team

403-805-7388

Monday to Friday, 8:00 am to 4:00 pm

Mobile unit assisting individuals who are sleeping in camps outside.



November Word Search

Here in Deer Ridge, we are very fortunate to be within walking distance of Fish Creek Park, where wildlife abounds – and sometimes that wildlife strays a bit wider and visits us right here in our own backyards or greenspace.

AMPHIBIANS

BADGER

BAT

BEAR

BEAVER

BOBCAT

COUGAR

COYOTE

DEER

EAGLE

ERMINE

FISH

FOX

FROGS

GOPHER

HAWK

LYNX

MALLARD

MERGANSE

MINK

OWL

PHEASANT

PORCUPINE

RABBIT

RACCOON

SALAMANDER

SKUNK

SQUIRREL

THRUSH

WAXWING

WEASEL

WOLF

WOODPECKER

A	Y	F	V	G	N	I	W	X	A	W	N	J	K	W	W	B	G	L	T
J	X	J	P	Q	Y	V	M	P	S	S	O	W	L	Q	O	A	J	N	N
A	N	V	H	R	D	R	A	L	L	A	M	A	V	D	L	D	M	N	Z
M	Y	O	N	E	C	Z	R	A	C	C	O	O	N	E	F	G	I	Y	F
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C	K	T	J	Y	C	Y	C	M	E	C	T	P	N	V	X	S	H	F	K
U	U	Z	N	U	O	P	Z	S	R	E	D	I	B	W	U	Q	T	O	K
J	K	M	Z	A	S	C	N	U	U	O	E	I	B	R	Q	U	C	G	W
E	F	R	O	G	S	A	Y	J	O	A	G	N	H	B	H	I	V	F	U
C	J	F	S	G	G	A	R	W	G	Y	Y	T	G	S	A	R	U	O	J
R	E	E	D	R	V	G	E	L	Q	G	N	S	I	B	F	R	D	X	Z
Q	K	B	E	K	J	H	E	H	I	F	P	F	X	Y	K	E	U	E	I
O	K	M	K	W	A	H	P	W	P	H	G	J	H	H	J	L	J	A	M

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For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

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DEER RIDGE MORTGAGE BROKER: SAVE A BUNCH OF CASH! As a local mortgage professional, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert advice, excellent rates, many options, and better mortgages, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

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DEER RIDGE CONTRACTOR FOR HIRE: Over 20 years' experience completing renovations in and around Deer Ridge. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. www.lefroyconstruction.com.

ACTIVE SPORTS THERAPY: Looking for sports chiropractic, Active Release Therapy, physiotherapy, IMS, or massage in Deer Ridge? Our unified team of expert practitioners have one common goal – to help you achieve a higher standard of health, so you are able to do all the things in life that you love to do. Call us at 403-278-1405, or visit activesportstherapy.ca to book a free consultation.

AFFORDABLE DENTAL CARE MINUTES FROM DEER RIDGE: Below ADA fee guide! Direct billing OAC. Only pay deductible/co-pay, get tax receipt. Save money, no charge PPE, uncomplicated dental care, live better. 30+ years of no fluff, no frills! Call today; 403-272-7272 or 403-287-6453. Visit calgarydentalcenters.com.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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~continued on next page~

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Don Burdeyney Bio

Hello DRCA Neighbours,



My name is Don Burdeyney and I am your new Community Association President. My wife Heather, our three children, and I moved into Deer Ridge in 1991, and Heather and I joined the board at the AGM that year. I was president for several years, then took over as the FLC (now TRICO) rep from Heather. During my tenure, we saw the completion of the permanent ice rink, the pleasure rink, the garage, refurbishment of Yellow Slide Park, refurbishment of Shady Tree Park, and refurbishment of the Deerpath Playground. We hosted an annual carnival at Yellow Slide Park and were also the very first community in western Canada to have a movie in the park.

My daughter Alexandra also served as your association president for a term. All in all, I served our community for about 20 years. As well, I served on the TRICO board for 10 years as Treasurer and President. As president, I oversaw the completion of the 20-million-dollar expansion project.

I ran an IT consulting business for 22 years, having customers pretty much all around the globe. During that time, I served on the board of the Canadian Information Processing Society for about 12 years, holding various executive positions.

I wound down the business in 2011 after a client made me a full-time job offer I just could not refuse.

I am excited to be back on the board of DRCA and am looking forward to working with the dedicated volunteers who give up countless hours of personal time to make Deer Ridge a fantastic community to live in.

Don Burdeyney

Chilly, Long Days

Throughout history, November has always been thought of as a somber month because it is the start of winter. This meant that the time for preparation and safety protocols had come, and that hibernation time was upon us. Even now, though we no longer hunt for food or have to store up harvest, it is a chillier and darker month for sure.

MLA Calgary - Fish Creek

Richard Gottfried

403-278-4444

calgary.fishcreek@assembly.ab.ca

@RichardGottfried

RichardGottfriedAB



The days are getting cooler, and winter is around the corner as November's chill is in the air. Yet November gives us pause to remember and reflect. Webster's definition of "remember" includes "to keep in mind for attention or consideration". I particularly appreciate this definition as it embraces the past, while bringing it forward in context to our daily lives. Ninety years ago, on November 11th, 1931, Armistice Day changed to Remembrance Day. The name change honours those, with deference, that gave their lives in service of freedom and humanity.

Every year, I am grateful for the Field of Crosses. If you have not had a chance to visit the "Field" on Memorial Drive, I would highly recommend attending a sunrise or sunset ceremony November 1-10. The start times vary, so please visit [Field of Crosses - A Tribute to those who Served and Died for our Freedom \(www.fieldofcrosses.com\)](http://www.fieldofcrosses.com) for details. Each November 3500 crosses offer visual reminder of those who paid the ultimate sacrifice. The crosses are a special tribute to the thousands of Southern Albertans who lost their lives, while also honouring the 120,000+ Canadian heroes who have fallen in service of Canada. Each memorial service is held with honour guards, school choirs, bagpipes, bugles, and families paying their respects. I give special thanks to my amazing friend Murray McMann, recently honoured with the Alberta Order of Excellence, for establishing this tradition of Remembrance.

As we pray for more normalcy to return to businesses and community, please reach out and share your local favourites to eat, visit and play. I have a few favourite traditions from years past which include Millarville and Spruce Meadows markets, A Christmas Carol, and new traditions such as trying out a new vendor at Avenida's Fresh & Local Market.

Please do your part, be vaccinated, and help us protect not only yourself, but those you love, the vulnerable and our publicly funded health care system so it can be there for us in time of need. My office is offering a COVID vaccination record notarization day on Saturday, Nov 13. Please call to book a time between 9am-12noon and make sure to bring government issued ID and be prepared to log in to your COVID Vaccination Record on-line account for verification.

Legislative Session is still on-going throughout November, so please reach out and provide your feedback on current legislation or government direction to help inform advocacy on behalf of my valued Constituents. Please take care, be compassionate and support your neighbours and local businesses during these difficult times.

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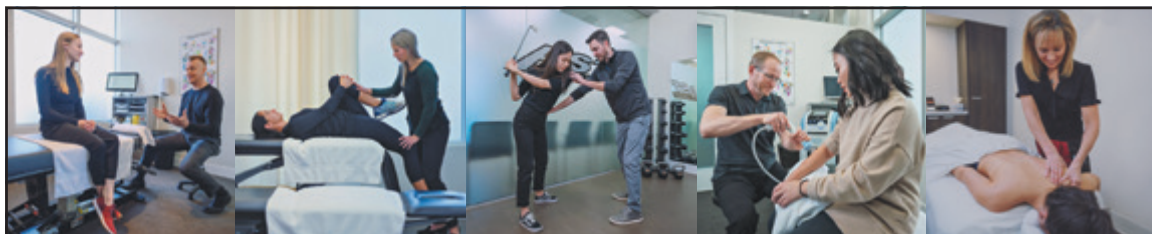
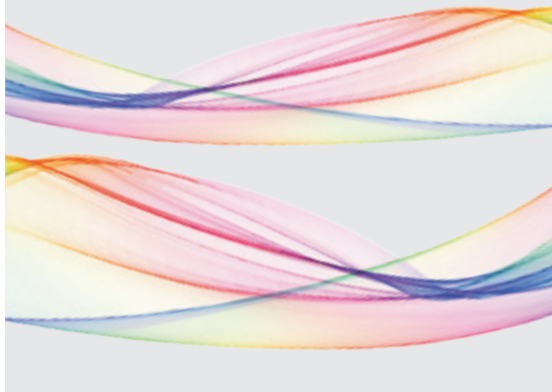
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