

OCTOBER 2021

DELIVERED MONTHLY TO 2,500 HOUSEHOLDS

THE DEER RIDGE JOURNAL

THE OFFICIAL DEER RIDGE COMMUNITY NEWSLETTER



Deer Ridge

The Deer Ridge Journal - Designed, manufactured, and delivered monthly to 2,500 households by:

GREAT NEWS MEDIA
LEADERS IN COMMUNITY FOCUSED MARKETING



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- 2. Payback:** Community residents trust, and call businesses that advertise in their community magazines.
- 3. High Readership:** 68% female | Even distribution of Millennial, Gen X, and Baby Boomer readers
- 4. Cost Effective:** With advertising rates as low as \$0.01 cent per household, advertising in our community magazines is incredibly affordable.
- 5. Geofence Your Audience:** Manage your budget, optimize your returns and target your audience by specific community magazines.

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BEFORE



AFTER



BEFORE



AFTER



BEFORE



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**BRAIN
GAMES**

SUDOKU

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								9

FIND SOLUTION ON PAGE 10

Re-elect Mary Martin

Trustee Wards 13 and 14 Calgary Catholic School District

Serving you as:

- Director, Alberta Catholic School Trustees' Association (2007-2010)
- Director, Alberta School Boards Association (ASBA) (2010-2011)
- Member, ASBA Transformation of School Board Governance Task Force (2013)
- Chair, Metro School Boards Group (2012-2014)
- Vice-Chair, Calgary Catholic School District Board of Trustees (2010-2011)
- Chair, Calgary Catholic School District Board of Trustees (2011-2014)
- Vice President, ASBA (2015-2017)
- President, ASBA (2017-2018)
- Chair, Calgary Catholic Board of Trustees (2018-present)

For:

- Effective, authentic engagement
- The creation and strengthening of strategic partnerships
- Shared responsibility and transparency

I am asking for your vote on October 18th

Please feel free to contact me at: ☎ 403-827-2196

✉ marylmmartin ✉ marylmmartin@gmail.com

Deer Ridge Community Association

Box 43052
Calgary, Alberta T2J 7A7

Visit our website at www.deerridgeca.com
If you have any questions or concerns, please contact us at DeerRidgeCA@gmail.com

OUR VISION: We will be a safe community with established programs and facilities, committed volunteers, and we'll be financially stable.

OUR MISSION: To enhance the quality of life in Deer Ridge for today and the future by establishing and fulfilling the common goals, needs and interests of our community.

Board of Directors & Community Contacts

EXECUTIVE

President	Dawn Wallace	403-606-7331
1st Vice President	Bob Hall	403-278-6817
2nd Vice President	VACANT	
Treasurer	Kim Aurini	
Secretary	Karen Stevenson	403-278-3353

PAST PRESIDENT

Past President	Bob Hall	403-278-6817
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**WE NEED YOU! CONTACT US TO VOLUNTEER
AND GET INVOLVED IN YOUR COMMUNITY.**

DIRECTORS AT LARGE

Director at Large	Lanis Anderson
Director at Large	Gertrud VanDerMey
Director at Large	Angela Ziegler
Director at Large	Barb Chapin

COMMUNITY COORDINATORS

Movie in the Park Coordinator		
Casino Coordinator	Barb Chapin	403-285-9482
Ice Rink Coordinator	Bob Hall	403-278-6817
Tennis Court Coordinator	Larry Lemieux	403-278-2199
Trico Representative	Karen Stevenson	403-278-3353
Newsletter Advertising	Great News Media	403-720-0762
Newsletter Coordinator	Gertrud VanDerMey	



Good Food Box

Good Food Boxes, prepared by the Community Kitchen Program of Calgary, contain a combination of fresh fruits and vegetables bought directly from farmers and wholesalers. Good Food Box is a program to help anyone and everyone access fresh fruits and vegetables, regularly, and affordably. Learn more about the Good Food Box program at <https://www.ckpcalgary.ca/program-services/good-food-box>.

Box Options

Small Box: \$25, 20-25lbs* of fruits and vegetables
Medium Box: \$30, 30-35lbs* of fruits and vegetables
Large Box: \$35, 40-45lbs* of fruits and vegetables

**Please note, weights are approximate and will vary depending on produce size and density*

Order Day

October 26
November 30

Pickup Day

November 4
December 9

To order or pick up, please contact Emma at 403-278-8263, at Deer Park United Church, 77 Deerpoint Rd SE.





Box 43052, RPO Deer Valley SE, Calgary, AB - T2J 7A7

Membership Request / Renewal Form

Deer Ridge Community Association memberships are available online at www.DeerRidgeCA.com/Membership/ or you may mail the form below along with cheque payable to: "Deer Ridge Community Association".

The Deer Ridge Community Association membership fee is \$15 per household. Two membership cards, printed with family last name(s), will be mailed to you. Your membership grants you Deer Ridge Community Association voting privileges. We invite all Deer Ridge residents to actively participate in the decisions shaping your community.

Thank-you in advance for your support!



Deer Ridge Community Association Membership 2021 - 2022

First Name: _____ Last Name: _____

Additional family members: _____

Address: _____

Postal Code: _____ Phone Number(s): _____

Email: _____

** Please note your email address will be added to electronic mailing list used for notifications of upcoming community events, information, and volunteer opportunities. We use Mailchimp.com to manage subscriber email.*

Deer Ridge Community Association

Box 43052, RPO Deer Valley SE, Calgary, AB - T2J 7A7

Tel: 403-606-7331 | Email: DeerRidgeCA@gmail.com | Website: DeerRidgeCA.com

Facebook: [Deer Ridge Community Association](https://www.facebook.com/DeerRidgeCommunityAssociation) | Twitter: [@DeerRidgeCA](https://twitter.com/DeerRidgeCA)



MESSAGE FROM THE BOARD

Happy Thanksgiving! We hope you are able to celebrate the bounty of our land and the riches of family and friend connections, and that you do so safely.

It's autumn again, the long, hot, days of summer are gone, and it's time to settle in for the coming winter and some cold weather activities. Deer Ridge is gearing up for a fun winter, while following all current health restrictions and working hard to keep everyone safe.

Annual General Meeting

Our Annual General Meeting and Board elections were held later this year, in September instead of June, in hopes of fulfilling our community association bylaw requirement for an in-person meeting. Thank you to those of you who came out for the meeting; we hope you found it informative and enjoyable. A great big thank you goes to those who volunteered to be considered for a Board position and those who are joining us on the Board – welcome.

We would also like to acknowledge those who have retired from the Board after many years of active service; we are so very grateful for all that you have done to help out this community. Your enthusiasm, service, and contributions are what make Deer Ridge a great place to live and we would like you to know that you are very, very appreciated.

Volunteers

Volunteers are needed for the following roles this fall – please let us know if you are available, how much time you would like to spend participating, and what you would enjoy doing.

- Fundraising Casino: Casino dates are Thursday, October 14 and Friday, October 15, and we have an urgent need for a few more volunteers for positions in the Count Room, as well as cashiers and runners. Please respond to deerridgeca@gmail.com.
- Ice Rinks (November to March): Maintaining ice surface



Waiting for ice

- Family Winter Skate to be held in January: Event preparation, community signage and posters set up/ take down, food and beverage service.

- Tennis Courts (October): Surface maintenance and removal of the nets to be completed in October.
- Community Gardens (October): Post season activities of maintenance, repairs, and cleaning up of plots and common areas.
- Children's Christmas Party to be held in December: Pre-planning and event day.
- Special Projects: Planning, cost estimates, coordination with City of Calgary, organizing volunteers, construction.

Please let us know how you would like to help, what kinds of things you'd be interested in doing, and how much time you'd like to give – we are respectful of personal constraints and look forward to working with you.

Upcoming Board Meeting Dates and Community Events

Deer Ridge Community Association meetings are held on the third Tuesday of each month. These meetings provide an update to what's going on in the community, from all levels of government, Calgary Police Service, and the Board. Community planning is discussed and updates on community planning are provided.

Community association members are welcome at Board meetings, and we look forward to your participation. Upcoming meeting dates are:

October 19, 2021 – location TBA

November 16, 2021 – location TBA

Watch the Deer Ridge Community Association website for meeting locations and updates, community matters, and fun events. <https://deerridgeca.com/>.

Newsletter

Your Deer Ridge Journal is published twelve times per year. The submission deadline is the first of each month for the following issue. Please email your articles or community event listings as MS Word file attachments to DeerridgeCA@gmail.com. Community-related digital photos and art are welcome. Please ensure any recognizable people in images have given their permission and send a caption and/or the names of people. Photo requirements are JPG – 300 DPI or higher, and 2.87 x 3.62 inches or 6 x 7.5 inches, and the photo must be separate from the written file it accompanies.

We wish you a happy month of October, and a good, and safe, time of thanksgiving. We look forward to sharing this wonderful community with you and your family for many more years, so be well and be safe.

Will You Commit to Check for Leaks?



Did you know a broken or worn-out toilet flapper could add hundreds of dollars to your water bill each month? Since most toilet leaks are silent, it's best to check for leaks every six months along with your other seasonal home maintenance.

To Avoid Wasting Water and Money:

- Check toilets for leaks and make any necessary repairs.
- Fix any leaky faucets.
- Use your meter to check for other hidden leaks in your home.
- Remind friends, family, and neighbours to check for leaks, too.
- You can put a notification in your calendar as a reminder to check again in six months.

For more detailed faucet and toilet leak repair information, as well as how to use your meter to check for leaks, visit calgary.ca/waterguide.

Disclaimer: The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Media and the Deer Ridge Community Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Deer Ridge Community Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Community Resources for Vulnerable Citizens

Calgary Alpha House Society is a local non-profit, charitable agency providing supports to men and women whose lives have been impacted by alcohol and other drug dependencies. Our work positively impacts Calgary communities by providing help to vulnerable citizens. In doing so, we divert individuals away from unnecessary uses of health care, criminal justice, and emergency systems by building relationships and connecting clients to more appropriate resources. Some of Alpha House's resources are listed here. We encourage you to use them where appropriate.

Join us in creating community for everyone.

The DOAP Team

403-998-7388

24/7

Non-emergency number for individuals on the street needing assistance.

Needle Response Team

403-796-5334

Monday to Friday, 8:00 am to 6:00 pm

Mobile unit cleaning up needle and needle debris on public and private property.

Encampment Team

403-805-7388

Monday to Friday, 8:00 am to 4:00 pm

Mobile unit assisting individuals who are sleeping in camps outside.



October Word Search

What does the month of October in Deer Ridge mean to you?

AUTUMN
BBQ
BOOTS
CELEBRATE
CHILLY
COAT
FAMILY
FIREPLACE
FOOTBALL
FROST
GARDEN

GLOVES
HALLOWEEN
HAT
HIKE
LEAVES
MULCHING
PICNIC
PUMPKIN
RAIN
RAKING
READ

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SCARF
SCHOOL
SNOW
SWEATER
THANKSGIVING
TURKEY
WALK
WEATHER
WIND
WORK

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O	D	B	B	A	O	P	P	W	A	L	K	J	O	L	P	S	V	O	L

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DEER RIDGE CONTRACTOR FOR HIRE: Over 20 years' experience completing renovations in and around Deer Ridge. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. www.lefroyconstruction.com.

ACTIVE SPORTS THERAPY: Looking for sports chiropractic, Active Release Therapy, physiotherapy, IMS, or massage in Deer Ridge? Our unified team of expert practitioners have one common goal – to help you achieve a higher standard of health, so you are able to do all the things in life that you love to do. Call us at 403-278-1405, or visit activesportstherapy.ca to book a free consultation.

BRH HOME SERVICES: (Free Estimates) Trusted for over 40 Years - Doing It Right The First Time - Emergency 24Hr Services. Just ask if you don't see it listed. Plumbing, Electrical, Drywall, Mudding, Taping, Sanding, Painting, Carpentry, Tiling, Windows, Screens, Doors, Locks, Appliances, Decks and Parging. Repairs and Installs. Handyman Services, Kitchen, Bathroom, Updates, Richard 403-481-1774.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

CROWN RENOVATIONS: Beautiful kitchens and bathrooms at affordable prices. Over 30 years' experience in quality renovations. Full service custom cabinetry. Local, licensed, bonded, and insured. Free in-house estimates. Visits to former clients can be arranged. Discounts for veterans. Check out our latest before and after renovation at www.crownrenovations.com. Call Bill at 403-819-8588 or email crownreno@shaw.ca.

LANDSCAPING, WINDOW CLEANING, AND SNOW REMOVAL: Weekly yard care starting at \$36. Mulch, rock, and sod installation. Window and gutter cleaning starting at \$99; interior/exterior/screens. Garden beds, stone patios, walkways, raised beds, rock walls, deck and fence builds, small concrete jobs, and pressure washing. A+ Member of BBB, 4.1 Google stars. Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

EXTERIOR WORKS: Siding, soffit, fascia board, eavestrough, decks, fences, and small exterior jobs. Call Fred at 403-861-2610 for a quote.

~continued on next page~

BUSINESS CLASSIFIEDS

cont'd

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1	5	6	7	9	8	4	3	2
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9	7	1	2	8	6	3	5	4
4	8	3	5	1	7	6	2	9

MLA Calgary - Fish Creek

Richard Gottfried

403-278-4444

calgary.fishcreek@assembly.ab.ca

@RichardGottfried

RichardGottfriedAB



October and Fall are indeed fully upon us. As I write this newsletter a month out, I am reminded that while all of us are "done" with COVID, COVID is not "done with us". Please continue to be kind and supportive of one another, local business owners and staff, and know that most everyone has faced untold challenges. When faced with hard times it is easy to find fault, become bitter, and to look for someone or something to blame, but I challenge each of us (including myself and my family) as Thanksgiving approaches on October 11, to start a "gratitude journal" 10 days prior. Search for something big or small in your own lives or in the community to reflect upon and #GiveThanks. I know when I take the time to think, thank and be grateful for my blessings, I am uplifted and carried through the difficult times.

Over the next few months, I will be spotlighting one of the great communities in #YYCFishCreek. This month is Lake Bonavista. Development for Lake Bonavista started in 1967. For those of us old enough to remember, this area of the city was "bald prairies" teeming with opportunity to become home to families in our growing city. Keith Construction, the developer, decided to bring some innovative ideas from California to make Lake Bonavista the first community in Canada to boast a man-made lake. In 1968 excavation started on the lake and earth was moved to build the toboggan hill and waterfall. Eventually 2 man-made lakes, Bonavista and Bonaventure, were built and year-round outdoor recreation can now be enjoyed by residents and their guests. The Lake Bonavista Community Association (LBCA), was formally incorporated in 1970 and for over 40 years has fulfilled their Mission Statement of "Enhancing and Enriching the Quality of Community for Lake Bonavista Residents." Like so many other events, the LBCA 40th anniversary party was postponed, but we have not forgotten the incredible legacy the LBCA has brought to the community for generations. Thank you to all who have served the community in making Lake Bonavista, and Calgary-Fish Creek, such a wonderful place to call home.

The call to Edmonton will come later this month, so watch for a full Legislative Agenda to be forthcoming. I will also be hosting a Virtual Town Hall during the month on senior services in the community. Please reach out to my office for details and a virtual link.

Your continued and outspoken feedback has been a source of strength for me in advocating for my constituents in Caucus and Government, so please keep it coming. It is always best to connect with me via my office at 403-278-4444 or email Calgary.fishcreek@assembly.ab.ca.

Nothing Better Than A Fresh Homemade Cookie

October is a festive month, one for celebration for all the milk and cookie lovers out there! This is because the first of October is National Homemade Cookies Day in the United States. Whether it is chocolate chip or oatmeal raisin, there is a cookie out there waiting to be made and enjoyed on this special day!



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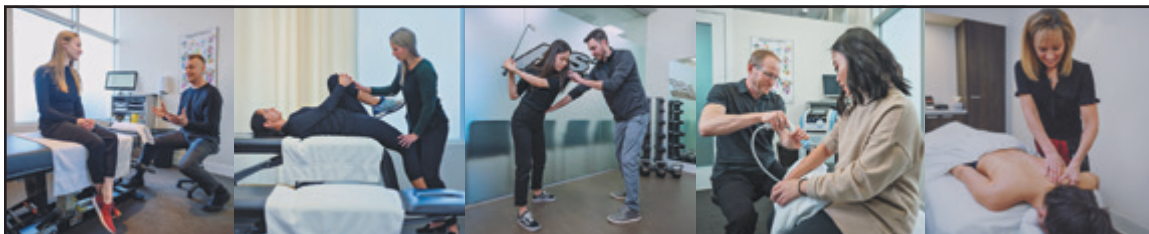
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