

APRIL 2018

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THE DEERRIDGE JOURNAL

THE OFFICIAL DEER RIDGE COMMUNITY NEWSLETTER



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All editorial content must be submitted by the 5th of the month for the following month's publication.

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All advertisements must be submitted by the 1st of the month for the following month's publication.

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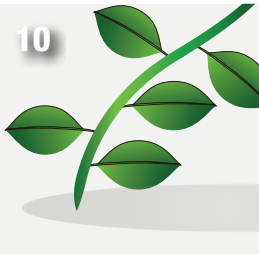
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Great News Publishing and Deer Ridge Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women’s Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children’s Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	1-855-222-5542

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SCHOOL SHOUT-OUTS

St. Bonaventure School

Spring results in many culminating competitions so that students can put the skills they have acquired throughout the year to use. In the fine arts department, both the junior and senior bands will be performing at various competitions in April. We are anticipating some superior marks as that was an assessment of an earlier performance the bands attended in February. A group of Grade 9 girls will have an opportunity to attend the Explore IT conference. Another group of Grade 8s and 9s are looking forward to competing in a robotics competition to be held in May. As well, our Spanish students continue to take advantage of various opportunities that enhance their Spanish speaking skills. Athletically, the badminton season is in full swing with city finals scheduled for the beginning of May at which St. Bonaventure is looking to defend their title as tier champions.

With our Lenten journey coming to a close, the staff and students at St. Bonaventure School would like to extend greetings for a most blessed Easter.

BRAIN GAMES SUDOKU

				3	9	8		
	4					2	7	
		9	1			5		3
	3		2	1		4		8
1		4		9	8		3	
8		3			2	9		
	9	2					4	
		5	9	7				

FIND SOLUTION ON PAGE 8

YOUR CITY OF CALGARY

City Crews Ready for Spring Street Sweeping Program

Spring is just around the corner! That means the City's street cleaning crews are coming to our neighbourhoods to remove debris and gravel off the roads.

Street sweeping removes the sanding material and debris that has accumulated on our roads and along major sidewalks and boulevards during the winter months. The program, which improves safety and mobility for Calgary motorists, cyclists and pedestrians, kicks off at the beginning of April. But you might see crews out there working hard beforehand, pre-sweeping along major roads and boulevards.

This year, street sweeping will wrap-up in June. In order to make this happen, crews will be sweeping streets on a compressed schedule, working 7 days per week.

Keeping Calgary Clean is a Collaborative Effort
We are asking all Calgarians to help us make the city beautiful and roads safe by removing vehicles and carts from the street when you see road-sweeping signs in your community.

- You can visit Calgary.ca/sweep to:
- Enter your address to confirm their street sweeping date
 - Find answers to all of your questions on our FAQ
 - Visit a live map to track sweeper progress across the city

Make sure to visit the website to learn more about street sweeping, and don't forget to watch for signs in your neighbourhood starting this month.

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Deer Ridge Community Association

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Visit our website at www.deerridgeca.com
If you have any questions or concerns, please contact us at DeerRidgeCA@gmail.com

OUR VISION: We will be a safe community with established programs and facilities, committed volunteers, and we'll be financially stable.
OUR MISSION: To enhance the quality of life in Deer Ridge for today and the future by establishing and fulfilling the common goals, needs and interests of our community.

Board of Directors & Community Contacts

EXECUTIVE			Director at Large			Luz Jaimes		
President	Dawn Wallace	403 606 7331	New Director at Large			Adolpho Scollo		
1st Vice President	Karen Stevenson	403 278 3353	COMMUNITY COORDINATORS					
2nd Vice President	Alana Somers	403 466 8100	Movie in the Park Coordinator	Alana Somers	403 466 8100			
Treasurer	Kim Waytowich		Casino Coordinator	Bob Hall	403 278 6817			
Secretary	Barb Chapin	403 285 9482	Ice Rink Coordinator	Bob Hall	403 278 6817			
PAST PRESIDENT			Tennis Court Coordinator	Larry Lemieux	403 278 2199			
Past President	Bob Hall	403 278 6817	Trico Representative	Karen Stevenson	403 278 3353			
DIRECTORS AT LARGE			Newsletter Advertising	Great News Publishing	403 263 3044			
Director at Large	Lanis Anderson		Newsletter Coordinator	Luz Jaimes				
Director at Large	Tracey Burch		WE NEED YOU! CONTACT US TO VOLUNTEER AND GET INVOLVED IN YOUR COMMUNITY.					

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication
Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

ACOUSTIC MUSIC NEIGHBOURHOOD JAM:
Come on out to a circle jam. All instruments welcome: mandolin, guitar, pipes, accordion, fiddle, bass, etc. Bring your favorite gospel, folk, bluegrass, country songs, or a song you've written yourself. Dates set by interested participants. More info: beabrightlight@yahoo.ca.

A Different Liquid Gold

In Turkmenistan, the first Sunday of April is celebrated as "A Drop of Water—A Grain of Gold" Festival. The Turkmen people traditionally have regarded water as a priceless gift, given that their nation is composed primarily of desert.



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Spring is here! There is something about spring that just makes everyone happy! We welcome the blooming flowers, the warmer days, the kids playing in the park. Thanks to all the volunteers who during the cold season put in lots of hours to keep the skating rink operational for as much time as possible. As we all know, there was lots of work this winter with all the snow we had! Spring outdoor activities are starting later April so watch out for kids in and around the fields and the parks. Respect the playground and school zones. We encourage you and your families to come out and enjoy the fun!

Deer Ridge Community Association Monthly Meeting Nominations for new board members will occur at the next AGM in June. Want to meet the current volunteer Board Executive and Directors at Large, as well as your city/community representatives? Come to the meeting, be informed of community news and add your voice to the discussion. We would love to hear your ideas. Are you interested in attending but getting a babysitter is an issue? No worries, there is plenty of space in the meeting room for your children. Remember to bring child's favourite books, tablets, toys. The next

board meeting is: April 17th, 2018 at 7pm at the Trico Centre - Meeting Room #7/8 We hope to see you there!

Movie at Yellow Slide Park will be back after having another successful year! Watch out in the following newsletter for dates. We will post them as well in our Facebook page, and signs around the community for further details.

Green Thumb? The Deer Ridge Community Garden is for you! The Community Garden is located by the ice rinks behind Don Bosco School. To join the gardening group and reserve a Garden Plot, please contact Bob Hall at hallbc@shaw.ca . You may also contact the group online by visiting DeerRidgeCA.com and selecting "Deer Ridge Community Gardens" from the menu.

Community Clean-up Day Mark your calendars for June 24th, 2018! Deer Ridge will once again be partnering with the communities of Queensland & Diamond Cove for Community Clean-up Day. The City of Calgary will be providing packer trucks to help in the cleaning of all the stuff you have accumulated in the winter time. This is your chance! Out with the old! There will also be opportunities for disposal and recycle of electronics and metals. Further details will be provided as the date approaches.

Shepard Landfill re-opening to residents from April to October The Shepard Landfill Throw 'n' Go will accept waste from residential customers between April 3 and October 26, Tuesday to Friday from 8 a.m. to 5 p.m. The Throw 'n' Go accepts household chemicals, paint, electronics, appliances, tires, yard waste, separated construction and demolition materials (asphalt shingles, drywall, construction lumber), and garbage that is too bulky for your black cart. Charges may apply. Are you a business? Interested in a weekend visit? The East Calgary landfill is just 15 minutes away and accepts residential and commercial waste Monday to Saturday year-round, and on Sundays between April 8 and October 28. For more information, visit Calgary.ca/landfill.

Let's Build a Playground Plans are underway for replacement of the playground equipment at Shady Park located on Deerview Way. The installation target is for September of this year. Please contact us to express your interest in helping with the installation and/or you would like to be on the Playground Committee.

Casino Volunteers Our major fund-raising casino will be held on Saturday, August 25th and Sunday August 26th, 2018 at the Deerfoot Inn. Volunteers are needed to fill various positions. This is a great opportunity to meet your neighbours and help ensure AGLC funding is available to the community for facilities and programs such as: ice rinks, tennis court, replace aging structures in playgrounds, youth programs, and special events like Movie at Yellow Slide Park. Training is provided for the many available shifts. Meals are no expense to the volunteer and transportation is available if needed. Please contact us to volunteer!

Counciltalk
Please join Councillor Demong for Ward 14 Counciltalk sessions. This is a great forum to talk to the Councillor directly.

Saturday, April 7, 2018 noon - 2 p.m.

Lake Bonavista Community Centre 1401 Acadia Drive S.E.

Saturday, May 5, 2018 noon - 2 p.m

Deer Ridge Deer Park United Church 77 Deerpoint Rd S.E.

Deer Ridge Community Membership If you have not got your community membership yet, please fill out the form within this newsletter and mail the form along with a cheque for \$ 15.00 to the Deer Ridge Community Association or visit www.deerridgeca.com to purchase online. Deer Ridge facilities, programs and events are open to all residents of Deer Ridge. All of the planning, organization, implementation and maintenance is done by volunteers - 100% of membership fee is used to benefit the community.

Present your membership card to the following local businesses to receive discounts:

Deer Point Alterations & Repairs - receive 10% off repairs and alterations \$100.00 or more.

Cornerstone Music Café - receive 10% off

Around The Bend - receive 10% off

Thank-you for your support!

Calling All Providence Alumni!

Providence, formerly known as Providence Creche, and the Providence Children's Centre, is celebrating a proud history in 2018, 75 years supporting young children.

"We want to hear from everyone who has been part of the organization's history," says Rhonda Conway, President. "Whether your association was through the early days of the orphanage, the group homes, the day-cares, or the preschools; as a resident, a student, a staff member or a volunteer."

Please visit www.providencechildren.com/75years/ to share your connection to Providence and learn about all the exciting events that are happening throughout the year—including an Alumni Homecoming September 22nd, 2018. Hope to see you there!



Providence Creche, Calgary, 1943



Providence, Calgary, 2018

BRAIN GAMES

SUDOKU

2	5	6	7	3	9	8	1	4
3	4	1	6	8	5	2	7	9
7	8	9	1	2	4	5	6	3
5	3	7	2	1	6	4	9	8
9	6	8	3	4	7	1	2	5
1	2	4	5	9	8	7	3	6
8	7	3	4	6	2	9	5	1
6	9	2	8	5	1	3	4	7
4	1	5	9	7	3	6	8	2

Tips for New Gardeners

And talking about the Community Garden, let's get give those new gardeners some ideas. Having a little patch of earth for planting vegetables, fruit, flowers and herbs is an appealing prospect, but figuring out where to begin can be overwhelming for an inexperienced gardener.

4

Buy the Basics

Whether you're planting flowers or vegetables, here is a list of suggestions.

- Compost - Compost, which is a mixture of decaying organic matter, improves the health of your soil, and the soil is the soul of your garden.
- Mulch - By adding mulch to your garden in the spring, you reduce some of watering, weeding and other maintenance you'll have to do in the summer. You can use wood chips, pine straw or even stone or rock as mulch, but using organic mulch that will break down into your soil and feed it over time usually is recommended.
- Hand tools - A basic set of gardening tools includes a three-prong cultivator that you can use to make rows, weed and perform other activities. Other good tools include a trowel for digging in small gardens and a dibbler, which helps to make holes in the ground for seeds and plants.
- A garden hose - A good hose and spray fixture for the end of the hose that releases a gentle spray when watering is also recommended.
- Hat, gloves and sun protection - Any time you're out in your garden, use common sense and wear a wide-brimmed hat and long sleeves or sunblock. Also, a good pair of gardening gloves will keep your hands clean and protected.

1

Read Up on Gardening

Subscribe to a gardening magazine, buy a few good reference books and write down the names of plants you like, David says. By reading, writing and planning before planting season, you will know what kind of garden you want to grow.

3

Consider Your Spare Time

For maximum enjoyment, you should size your garden to suit your schedule. Too large will become a burden—better to start small and then expand.

5

Choose a Site

Wherever you are planting, you'll need the optimum amount of sun exposure suited to your particular plants. Vegetables, fruit and most herbs need full sun or a minimum of six hours of sun every day. Flowers are more adaptable, and you can select species for either sun or shade.

If you are planting in your home, we suggest placing your garden near a walkway or door where you'll see it every day. The problem people have, especially new gardeners, is they put the garden out of the way and they forget about it. A few weeks later the garden is overgrown with weeds, may have pest problems and can be overwhelming. The advice to beginners: Keep your garden close where you can see it or close to home and keep it small.

2

Seek Local Advice

This is where the Community Garden comes in. Talking to neighbors who have gardens or are planning next to you is great for getting ideas.

6

Prepare Your Soil

As soon as the ground thaws, it's time to start to prepare and improve your soil with lots of organic matter, such as shredded leaves left over from fall and compost. Building good garden soil takes time, and you need to add organic matter to it every year. Feed the soil, and it will feed your plants.

8

Don't Plant Too Soon

Many people may be itching to plant in their gardens on the first mild day of spring, but that's a mistake. If you plant too soon, [plants] will get hit by frost and die. Also, if they have to live through the first few weeks of their lives too cold or too wet—if they survive—they may not produce as well.

10

Keep Garden Records

You may not grow the best tomatoes on the block or award-winning roses, but what your garden will surely produce is a little exercise, relaxation and a chance to commune with nature. Grow things you want to grow and things adapted to your climate. Stay small and enjoy what you have, and you'll get more excited, better at it, [and then] you'll expand.

9

Keep Garden Records

By keeping track of planting and harvesting dates, the varieties of plants you use and pests you encounter, you will have an valuable resource to help you pinpoint successes and avoid failures in next year's garden.

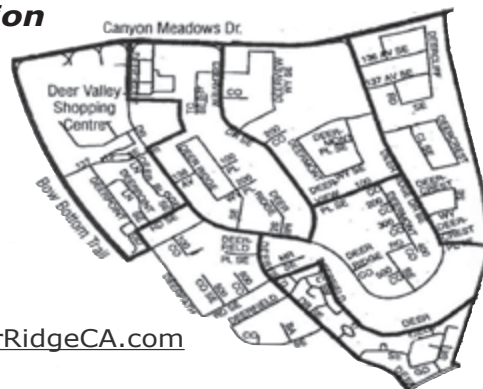
7

Start with Seedlings

Some plants, like tomatoes, peppers and petunias, are difficult to grow from seed, so Charlie advises buying those plants as seedlings from a local garden center. If you are serious about starting your own seedlings indoors, you should buy a special light system to grow your seeds under instead of relying on a windowsill for light, but those might get expensive



**Deer Ridge Community Association
Membership Request / Renewal
Form**



Thank-you in advance for your support!
Membership fee \$15.00

Online membership payment available at DeerRidgeCA.com

Name:

Additional Family Members:

Mailing Address:

Phone Number(s):

Email Address(s)*:

* Please note your email address will be added to our electronic mailing list used for notifications of upcoming community events and information. We do not share your information.

Membership Request & Payment options:

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Online:	DeerRidgeCA.com/Membership

Two membership cards, printed with last name(s), will be mailed to your household.

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Website: DeerRidgeCA.com | Email: DeerRidgeCA@gmail.com | Facebook: Deer Ridge
Community Association | Twitter: @DeerRidgeCA

DOLLARS & SENSE

Seven Tips for Using Your Tax Refund Wisely

Sometimes spending money wisely can be a challenge, especially tax refunds, which can seem like free money. If you're lucky enough to get a tax refund this year, take a moment to think about how you could put that money to work for you.

Here are some smart ways to use your refund:

- 1. Add to your emergency fund.** Set aside enough cash to cover six months of expenses just in case the unexpected happens.
- 2. Pay down credit cards and other high-interest debt.** You'll save money on interest charges and increase your monthly cash flow.
- 3. Jump-start next year's RRSP.** Contributing early allows you to take advantage of all those extra months of tax-free growth. At retirement time, this can mean thousands more in your pocket.
- 4. Invest in a tax-free savings account.** Growth or earnings in a TFSA are 100% tax-free, and you're allowed to contribute up to \$5,500 for 2018.
- 5. Pay down your mortgage.** Making lump sum payments on your outstanding principal will save you significant dollars in interest charges over the long term. You'll also own your home mortgage-free that much sooner.
- 6. Save for a child's education.** Invest in a registered education savings plan on behalf of a child or grandchild and you'll qualify for a government-sponsored Canada Education Savings Grant of between 20 and 24% of your contribution (to a maximum of \$600).
- 7. Take care of outstanding RRSP loans.** Some loans have three- or four-month grace periods, during which time you're not required to make any payments toward the interest or principal. Remember that the interest owed continues to add up until the loan is completely paid off.

How you spend your money today will have a significant impact on your future. For advice on how to get your tax refund working for you, talk to a financial advisor.



Have You Met the 2018 Faces of Community?

April 15 – 21, 2018 is National Volunteer Week, a time to celebrate and thank volunteers making a difference in our city. Calgary has 151 community associations, and what a lot of people don't realize is that all of the good work they do is done by volunteers. There are actually over 20,000 Calgarians volunteering for their community associations every day, making it the largest collective volunteer network in the city!

Who are these volunteers?

They're people just like me and you. To help showcase community association volunteers we launched the *Faces of Community* as part of our March Community Association Awareness campaign last year, to highlight the many different faces of community volunteers making a difference in our city's communities. *Faces of Community* tells the story of just some of the more than 20,000 community volunteers in Calgary who are donating their time each and every day to help improve neighbourhood life in Calgary.

Nominated by their peers, the twelve 2018 *Faces of Community* come from community organizations across the city, and all have different and inspiring stories of how they got involved, what they're proud of, and what motivates them to stay involved.

To meet the 2018 *Faces of Community* and read their stories visit calgarycommunities.com.



The Federation of Calgary Communities sincerely thanks all community association volunteers for their hard work and dedication to improving neighbourhood life in Calgary. We also thank all Calgarians who step up to volunteer to help make Calgary an even better place to live, work, and play!

VOLUNTEER FORM

The continued success of various events as well as maintenance and improvements of facilities is dependent upon involvement of Deer Ridge residents. We invite you to join us in the fun!

Please select from the list below and return by mail, or visit www.DeerRidgeCA.com and fill out the on-line feedback form.

Deer Ridge Community Association, PO Box 43052, Calgary, AB T2J 7A7 | Tel: 403-606-7331

Email: DeerRidgeCA@gmail.com | Website: DeerRidgeCA.com

Facebook: Deer Ridge Community Association | Twitter: @DeerRidgeCA

Community Clean-Up (set-up/take down, assist City staff directing people and receiving items, community signage and posters)

Fundraising Casino

Family Winter Skate (set-up/take down, food and beverage service, event preparation)

Ice Rinks (Nov – March: maintaining surface ice)

Tennis Courts (May – Oct: maintaining court surface)

Children's Christmas Party (December: event preparation)

Volunteer Recognition (Spring: event planning)

Membership Drives (Aug – Oct: preparation and delivery of membership forms)

Movie at Yellow Slide (Summer: event preparation, set-up/take down, food & beverage service, contact businesses for raffle prizes, community signage and posters, bouncy castle monitor)

Community Festival (set-up/take down event tables, community signage and posters)

Community Gardens (building new garden structures, painting, prepping beds at start of season, post-harvest activities)

Special Projects: playground rebuilds, pathway to rinks and gardens,. Etc. (ongoing: planning, cost estimates, coordination with The City, organizing volunteers construction)

Association Board Member or Committee Member (various roles to suit individual's time available to volunteer)

Doesn't matter to me. I'll help with whatever is needed

First Name: _____ Last Name: _____

Address: _____

Phone: _____ Email: _____

Ideas or Comments: _____



About Wine



by Nik Rasula

About Wine features wines not typically on one's shopping radar. Unique wines with a story to tell; of place, process or style. Highlighting artisanal producers making reasonably priced (under \$50 retail) wines, all the while demonstrating careful earth consideration.

2014, Bodegas Vegalfaro, CAPRASIA Bobal Crianza, Utiel-Requena - Valencia, Spain (vegalfaro.com)

About the Region: Located 200km southeast of Madrid and 70km inland of the Mediterranean coastline, Utiel-Requena lies within the region of Valencia. Here it incurs both Continental and Mediterranean climactic influences. With winemaking anthropology dating to 7th C. B.C., Utiel-Requena is Spain's oldest winemaking region.

About the Maker: Coming from a long-line of winemakers, Andrés Valiente, along with son Rodolfo, founded Bodegas Vegalfaro in 1999. After earning degrees in both Oenology and Law, Rodolfo now serves as Vegalfaro's Technical Director.

In 2017, Rodolfo was named Valencia's Winemaker of the Year.

About the Estate: The three Vegalfaro vineyards average 700 m.a.s.l., each with distinct soil types ranging from gravel/chalk to clay/limestone. Average age of Vegalfaro's low-yielding Bobal bush-vines is 55-years.

About Sustainability: Having never been exposed to synthetic treatments, the Vegalfaro soils thrive with micro-fauna and decomposing organic matter.

All their wines are certified organic.

About the Grape: Native to Valencia, Bobal is a late sprouting and late ripening red. Renowned for its fragrance, colour and tannin, it has adapted perfectly to the region's climactic vagaries.

About the Wine: After ageing 14-months in European oak and five in clay amphorae, a wine that's dark purple results. Aromatic notes of leather, spice box and dark fruits precede a medium-bodied palate of cinnamon and blackberry.

The finish is fresh and long.

About Pairing: Medium cheeses, roast lamb and seared tenderloin.

About Availability: Check liquorconnect.com (call the listed store too) confirming availability.

CSPC #783360

About Price: \$28



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Spring Into The Arts

by Aaron Chatha

April is the end of hockey season, and there's no better way to fill that sports void than with Calgary's thriving arts scene. Alberta Theatre Projects offers the perfect transition with *Glory*, the story of four friends in 1933 that set out to prove hockey isn't just a sport for men. Told through uplifting music and dance, the story is perfect for fans of *The Mighty Ducks* or *A League of Their Own*. If sports aren't your thing, check out *The Secret Garden* at Theatre Calgary, based on the beloved children's book. This version is the stunning Broadway musical.

For a more international flavour, Che Malambo is an all-male Argentinian dance company performing at the Jack Singer. They're inspired by the gaucho tradition – think South American cowboy – and combine fast-paced footwork with whirling boleadoras.

Finally, the Calgary Philharmonic Orchestra embraces the warmth of spring with a tribute to one of film and Broadway's most beloved stars: Julie Andrews. Dubbed *My Favourite Things!* the show covers hits from *Mary Poppins*, *The Sound of Music*, *Cinderella* and more, for a supercalifragilistic evening of music.

It's spring, so spring into the arts Calgary!

This column is provided by Arts Commons. Located in the heart of Calgary's vibrant downtown core, Arts commons is home to six different distinct performance venues.

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WANT TO HOMESCHOOL? Find out more. Phoenix Education Foundation is holding open houses on April 3 from 3-4:30pm, April 12 from 3-4:30 pm, May 16 from 4-5:30 pm and May 25 from 10:30 am to noon. Kindergarten open house April 19 from 5-6:30 pm and May 15 from 5-6:30 pm. For more information: phoenixfoundation.ca, 403-265-7701.

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NEWCOMERS CANADA CAREER AND SETTLEMENT FAIR – BMO CENTRE, MAY 5

Canada's leading recruitment event for foreign-born workers already in Canada. This event includes visa and immigration advice, career services, education and English language testing, foreign credential assessment and settlement services. Resources available will be employers and recruiters, government immigration officials, visa specialists, settlement agencies, education services. Pre-register now for free entry online before April 21 or register for \$10 at the door. More info: newcomerscanada.ca.



EMBRACE GARDENING: EDIBLE GARDENING FUNDAMENTALS – SUNALTA COMMUNITY CENTRE, MAY 15

Edible gardening in Calgary requires some down to earth garden knowledge and skills, plus a whole lot of tips and tricks up your trowel. Get gardening by learning about: Calgary's gardening weather; garden soil – what it is, how to get it, and keep it for a healthy harvest; best edibles for Calgary; direct seeding techniques; seedlings -buying, hardening off and planting; early crop protection and more. Janet Melrose is Calgary's cottage gardener specializing in garden, coaching education and horticultural therapy in Alberta. More info: eventbrite.ca.



CAKE NIGHT | MIRROR GLAZE – CROSSROADS MARKET, MAY 23

Unleash your inner cake decorator. By popular demand, we are currently featuring our mirror glaze classes. With its mirror-like finish, not only does this white chocolate glaze look stunning, it tastes even better! During this 90-minute class you will learn how to prepare, store, and use white chocolate mirror glaze. A wide variety of decorations will be provided to let your imagination run wild! You will also learn basic piping techniques to finish off your designs, and yes, you get to keep and eat your cake!



YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

Alpha's Movie Night by Beta Sigma Phi - Alpha Chapter – Globe Theatre, May 10

Beta Sigma Phi – Alpha Chapter, is hosting a ladies' night to support infertility awareness. Join us for an evening of fun at the Globe Cinema downtown. Ticket includes: *Bridesmaids* movie, mini trivia game, one small popcorn & drink, temporary henna tattoos and door prizes! Dress up in your best/worst bridesmaids outfit for an additional prize! 50/50 and raffle tickets will be sold. Proceeds from this event will benefit Lasya Healing (Calgary's in-person support group) in conjunction with Fertility Matters Canada (FMC) to bring awareness to the stigma of infertility. More info: eventbrite.ca.

An Evening with David Sedaris – Jubilee Auditorium, May 15

David Sedaris, author of the previous bestsellers *Naked*, *Me Talk Pretty One Day*, and regular National Public Radio contributor will be appearing for one night only following the release of his newest book, *Theft By Finding Diaries* (1977 - 2002), a collection of diaries. As always, Sedaris will be offering a selection of all-new readings and recollections, as well as a Q&A session and post-show book signing. More info: jubileeauditorium.com.

Professional Day Day Camp – The Calgary Zoo, May 18

What better way to spend time off of school than coming to the zoo? Kids grades 1-6 will travel the zoo alongside our talented education staff and see the zoo like no regular visitor gets to. Budding zoologists will have an action-packed day discovering the natural world through activities, games, crafts, stories, interpretive programs and animal visits. Come join the adventure! More info: calgaryzoo.com.

Otafest 2018 – Calgary TELUS Convention Centre, May 18 - 20

Otafest 2018 is Otafest's 20th birthday! Come on down and be a part of this historic year! Otafest is Calgary's anime festival! Celebrating Japanese animation (anime), comics (manga), costuming (cosplay), video games, as well as pop culture in general and much, much more. Come join 8,000 other fans as and be a part of the excitement! More info: otafest.com.



MLA Calgary - Fish Creek
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As we start feeling the sun's warmth after a long, cold winter, I am hopeful the discussion is not too heated in the Legislature as Budget 2018 is debated. I am often asked about my legislative duties, so I thought I would give a brief explanation.

The roots of our Parliamentary system are grounded in Great Britain and Ancient Greece. The word democracy comes from the Greek words: "demos" meaning people and "kratia" meaning rule. Democracy is about people ruling themselves or people choosing who will govern. In Alberta, we have three levels of government: executive, legislative and judicial. The executive is the Premier and Cabinet. Cabinet is most often sitting MLAs. The Premier and Cabinet are responsible for budgeting, governance, and administration. The Premier and Cabinet are the primary lawmakers. Legislative branch, where I represent you, assists in lawmaking and is comprised of MLAs duly elected by the people. The political party with the most seats in the legislature generally forms government and the leader of that party becomes the Premier. I am a member of the United Conservative Caucus, which currently acts as Her Majesty's Loyal Opposition. The role of the opposition is to question and bring forth amendments or alternative ideas to what is being proposed.

Our Parliamentary system works best when the Government and Opposition develop mutual respect for each other's position on Bills and Budgets. Most Bills or Legislation are brought forward by the governing party. There is the general expectation of voting along party lines, as they must maintain the confidence of the Legislature. If a Bill with financial obligations is defeated, the government must resign, triggering a general election.

The final branch of government, the Judicial, is separate from the legislative and executive branch and is responsible for the court system. The executive or the legislative branches cannot be perceived as influencing the courts or judiciary, as rule of law and the expectation of due process must be upheld.

It is a privilege for me to represent the people of Calgary-Fish Creek. I always welcome your feedback and questions. In April please come to my budget discussion MLA Café's at the office on **April 13th 10-11:30am** and **April 23rd 5-7pm**.

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Student excellence guides every decision we make. It drives us to understand how students learn, to remove barriers they may face and continuously innovate to best support their needs. As a result, students benefit from an exceptional Catholic education that defines us as one of the most successful school districts in the country.

With robust core-subject programs and alternative opportunities, students can learn to be athletes and leaders; artists, actors and musicians; scientists, technicians, builders and chefs; linguists, world travelers; and independent, critical thinkers. For those who have diverse learning needs, we support them with more than 100 congregated classes, specialized assessment, special education class placements, access to health services and so much more.

Our teachers also prepare students for post-secondary education and careers through dual-credit classes, work experience placements and other programs that help them to transition to further studies. We continue to see how this excellence in teaching and learning benefits our students.

In 2017, students scored 2.4 per cent higher than the provincial average on their Diploma Examinations, and 0.5 per cent higher than the standard of excellence. More than 62 per cent of our students are eligible to receive an Alexander Rutherford Scholarship, nearly 4 per cent higher than the provincial average. And after high-school graduation, we see nearly 70 per cent of students transition to a post-secondary education—11 per cent more than across the rest of Alberta.

For us, student excellence goes beyond academic achievement. It includes their spiritual development and growth into healthy, well-adjusted and productive participants of the future. What makes Calgary Catholic so special is that we can teach students about academics and the world through the lens of our faith.

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