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THE DEER RIDGE JOURNAL

THE OFFICIAL DEER RIDGE COMMUNITY NEWSLETTER

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INSIDE**



Deer Ridge

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Deer Ridge Community Association
Box 43052, RPO Deer Valley SE, Calgary, AB - T2J 7A7
Phone: 403-998-3144
deerridgeca@gmail.com • www.deerridgeca.com

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Deer Ridge Community Association



Box 43052
Calgary, Alberta
T2J 7A7

Visit our website at www.deerridgeca.com
If you have any questions or concerns, please
contact us at DeerRidgeCA@gmail.com

Board of Directors & Community Contacts

EXECUTIVE		
President	Bob Hall	403-278-6817
Vice president	Gordon Miller	403-278-3353
Treasurer	Laura Rivero	403-452-0181
Secretary	Barb Chapin	403-285-9492
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Past President	Karen Stevenson	
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Director at Large	Alana Somers	403-984-3901
Director at Large	Lanis Anderson	
Director at Large	Katrina Porter-Belisle	403-441-9029
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Building Safe Communities	Katrina Porter-Belisle	403-441-9029
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Casino Coordinator	Bob Hall	403-278-6817
Casino Coordinator	Laura Rivero	403-452-0181
Ice Rink Coordinator	Gordon Miller	403-278-3353
Tennis Court Coordinator	Larry Lemieux	403-278-2199
Trico Representative	Karen Stevenson	403-278-3353
Newsletter Advertising	Great News Publishing	403-263-3044

OUR VISION

We will be a safe community with established programs and facilities, committed volunteers, and we'll be financially stable.

OUR MISSION

To enhance the quality of life in Deer Ridge for today and the future by establishing and fulfilling the common goals, needs and interests of our community.



MESSAGE FROM THE DEER RIDGE BOARD

Around The Neighbourhood

Spring is here and it is time come out and connect with our neighbours and spruce up our community. Carry a bag when you are out walking to pick up any litter along the way, clean the extra sand in front of your home and be willing to help out others on your street with a spring clean.

Did you know that Deer Ridge is 35 years old? The Deer Ridge Community Association incorporated in May 1980. The new homeowners saw a need to connect and become the voice of Deer Ridge. The current Deer Ridge board would like to celebrate this milestone and would like your ideas! We would also like any long time residents to share stories and pictures of our community. On our website is a brief history, but it is far from complete and we would sure like to have your input. Any ideas and information can be sent to DeerRidgeCA@gmail.com.

Congratulations to the students of the Red Cross Babysitter's Program on receiving their certification! Special thanks to the Deer Park United Church for providing the venue. If you are a young person interested in attending next year, please contact us.

Thanks also to Gord Miller and his crew for doing a great spring cleanup at our community rink to get it ready for the summer season.

The hockey rink will be in use for Axemen Lacrosse this season. The Axemen are planning to practice Monday to Friday 6:00pm – 8:00pm as well as Saturday and Sunday from 8:30am to 6:30pm.

Upcoming Events Community Gardens

The 2015 community garden form can be completed online at www.deerridgeca.com. If you like to garden and would like to meet your neighbours check us out. Deadline for plots is June 7 and we hope to plant by the middle of June.

Community Clean Up

Deer Ridge is again partnering with Queensland Community Association and the City of Calgary to provide

an opportunity to dispose of garbage, yard waste, electronics and paper documents. Trucks will be at QCA on Sunday, June 21 from 9 am to 2pm. This is a great time to clean up any unwanted items that you no longer need and clean up our backyards and alleyways. We will be also meeting to clean up the ridge area and our parks. Please check the web site for further details on how you can help.

Movie in the Yellowslide Park

We will again be holding two movies; July 18 and August 22 are our tentative dates so mark your calendars. Please check for signs and our web site and the journal for further details closer to the dates.

Councillor Peter Demong's Ward 14 Aldertalk

This month it will be on May 30 from 12 to 2 pm at the Lake Bonavista Community Centre gym. Come out and share your ideas about Ward 14.

Deer Ridge Casino

Our major fund raising casino will be held on July 26 and July 27 at the Deerfoot Inn. To volunteer, please contact Bob Hall. This is a great opportunity to meet your neighbours and make a real difference. The money raised is used to support our rinks and tennis court, build new playgrounds and supports programs like movie in the park and children s Christmas party.

Deer Ridge Community Association board meetings are held at the TRICO centre in Room 9 on the third Tuesday of each month at 7 pm. We would love to have your suggestions for our community and are always looking for volunteers.

Our next meeting is May 19 with our AGM in June. For our association to remain active it is very important to have a full slate of board members for 2015-2016. If you are interested in helping please contact Bob Hall at 403-998-3144.

*Deer Ridge Community Association
TRICO Rep
Karen Stevenson*



DEER RIDGE COMMUNITY ASSOCIATION MEMBERSHIP FORM

Deer Ridge Community Association memberships expire August 31st, 2014. If you have not already renewed or purchased a 2014-2015 membership and would like to support your community, please fill out the form below and send it along with a cheque payable to the **Deer Ridge Community Association**. Are you wondering if you live in Deer Ridge? If you have received this letter, or the Deer Ridge Review community newsletter, in your mailbox then you live in Deer Ridge (see map). Thank-you in advance for your support because without the support of the community at large we cannot operate successfully.

What does your membership pay for? What are your benefits?

- Community Gardens
- Movies at Yellow Slide Park
- Community Newsletter
- Community Planning & Development
- Reconstruction of Children's Playgrounds
- Hockey & Pleasure Skating Rinks Community Safety/Clean Up
- Support for Community Soccer Fields
- Social Events
- Community Tennis Courts
- Deer Ridge Community has representation on the Trico Centre for Family Wellness Board and is a Community Partner with the Trico Centre. As a resident of Deer Ridge, you are eligible for saving on the many Trico membership options and programs.
- Your Community Association is your voice of the community to the City of Calgary on important issues.



Stay current with ongoing updates at website: www.deerridgeca.com/

Membership Application Form - Just fill in the form below and mail, with a \$15 cheque payable to Deer Ridge Community Association, to: DVPO Box 43052, Calgary, AB T2J 7A7

Or give to any current Member of the Deer Ridge Community Association Board. Your new membership card will be mailed to you.

If you would like to be notified by e-mail of upcoming community events or would like to be advised of community volunteer opportunities, please include your e-mail address below. (Will be used for community notifications only.)

2014-2015 DEER RIDGE MEMBERSHIP RENEWAL FORM

Family Surname(s)/First Name(s): _____

Address: _____ Postal Code: _____

Primary Contact Number: _____

Secondary Contact Number _____

E-mail: _____



Name	Age	Contact	Course
Aliyah	13	403-801-9420	Yes
Amanda	14	587-899-8983	Yes
Amilia	12	403-615-3180	Yes
Ayden	15	403-880-4809	Yes
Calena	18	403-978-5477	No
Calla	15	403-278-8736	Yes
Chantele	24	403-652-0083	No
Chery	42	403-875-8997	Yes
Chloe	17	587-998-0876	Yes
Claire	15	403-259-8680	Yes
Dakota	15	403-993-7525	Yes
Dawn	36	403-285-9513	Yes
Eden	15	403-225-2595	Yes
Evelyn	11	403-475-0919	Yes
Gabby	15	403-225-0157	Yes
Garrett	17	403-708-7312	Yes
Georgia	22	403-660-3831	Yes
Heather	28	403-719-5371	Yes
Heather	28	403-966-5233	Yes
Irfana	50	403-398-5219	Yes
Jane	50	403-467-3607	Yes
Jessica	19	587-580-5696	No
Karena	15	403-808-8226	Yes
Marina	13	403-708-3657	Yes
Mary	13	403-225-3366	Yes
Mattea	14	403-245-1436	Yes
Melinda	15	403-669-9770	Yes
Michelle	30	403-923-5111	Yes
Michelle	21	403-926-5166	No
Miranda	17	403-829-3995	Yes
Molly	13	403-630-5365	Yes
Nicole	16	403-862-8692	Yes
Owen	14	403-819-2259	Yes
Rhys	14	403-399-7509	Yes
Sabrina	15	403-512-3171	Yes
Samantha	16	403-826-8398	Yes
Sarah	19	403-808-9306	Yes
Sonya	19	403-389-5921	Yes
Tierza	17	403-568-7298	Yes



Come and Celebrate Spring With Us at Canyon Meadows!

Please Visit Us for One of Our May Events

Live Music | Wednesday, May 6 | 11:15am
Dwayne Fetting

Presentation | Thursday, May 7 | 2pm
Bone Density Presentation

Live Music | Thursday, May 14 | 11:00am
Klassen Family Singers

Adventure Travel Club: Poland | Thursday, May 21 | 11:00am

Art Walk, Entertainment and Lunch

Live Music | Wednesday, May 27 | 11:00am
Sue Silverman

These Events Are Free Of Charge and Anyone Is Welcome
Space is limited – RSVP with Jane at 403.613.4063
www.CanyonMeadowsRetirement.ca

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you would like to babysit in.

Calling All PARENTS
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find available babysitters in
and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



Why: Why is shifting responsibility to someone else called “passing the buck”?

Because: In card games, it was once customary to pass an item, called a buck, from player to player to indicate whose turn it was to deal. If a player did not wish to assume the responsibility of dealing, he would “pass the buck” to the next player.



May at Trico Centre

Check out our Spring/Summer Program Guide at www.trico-centre.ca for all the details.

Adults

Adult registered fitness starts in May including Barre Stretch and Release, Core Fusion Barre, Cardio Dance, Chair Yoga, and Fit 101. Plus there are some new programs including Obstacle Race Training, Weight Training 101, and Strength and Conditioning Club – After Hours. Adult Wellness Programs starting in May include Foam Roller Workshop, and a 6-week registered Meditation program.

Parents

Three great parent registered programs start in May and run to the end of June: Mommy & Me Fit; Mommy & Me Barre; and Stroller Fit. Parent and Tot Swim: this regular pool drop-in can be great bonding time for you and your little one. See website or program guide for schedule. Parent & Tot Registered Programs: eleven different fun play and learning-based programs start in May like Gym Tot, Active Start, and Little Dabblers.

Older Adults

Bone Builders: Weight Training for Older Adults begins May 19. A five-week class, focused on muscle strength, coordination, balance, and heart health.

Children

New registered children's programs start in early May: Parent & Tot, Preschool, Children and Youth: sports, art, dance, gymnastics, creative, and more. Learn to Skate programs begin in May. No matter what your age or ability, there's a program for you, from Parent & Tot (age 2 and up) to families and adults. Swimming Lessons start in late April (but it is not too late to register!)

Families

Consider registered family programs to get your family active like Family Yoga, Family Yogart, and Family in Motion. You can also take advantage of Family Private Skate Lessons. Family Fun Night is a family-friendly drop-in every Sunday: for \$3 a person, you family can swim from 6-8pm and/or play in the gym from 6-7pm.

Youth and Teens

Youth Yoga, Teen Yoga and Hooptastic are registered programs just for teens that start in May. Plus there's Teen Learn to Skate and Tween Night Swim (every Friday from 7 to 9pm; special theme night May 22).

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.



COUNCILLOR, WARD 14 PETER DEMONG

www.calgary.ca/ward14

eward14@calgary.ca or 403 268-1653

It always makes me happy to receive comments about what I write in this column: positive or negative. What I try to do is inform you of what The City is doing, and where I stand. Any feedback that I feel is icing on the cake. It is the kind of participation that makes democracy work.

I recently received a comment that outlined an idea so good that I thought it was worth sharing. In March, I wrote about how The City does not pick up any recycling beyond what you can fit in your blue bin. In response, a reader suggested something that my neighbour and I are already doing: Sharing!

There is absolutely no reason why you and your neighbours can't share extra blue cart space. It could save trips to the community recycling depot, encourage recycling when people might otherwise just use the trash, and even foster a sense of community in your neighbourhood. It is a simple, but effective idea, and I'd like to hear more if you have them.

In other “spring cleaning” news, you still have until May 31 to bring your yard waste to a City landfill for free. If you haven't already, you should visit calgary.ca/waste and take advantage of the opportunity.

Calgary.ca/waste is a very useful website, especially in the spring. Right now you can find not only more information about the spring yard waste drop-off, but also where you can properly dispose of electronics and hazardous materials. You will find a link to your community association website on calgary.ca/ward14, where you can find information about community cleanups in your area, and if you are unclear where you need to be taking any of your unwanted items I suggest visiting calgary.ca/whatgoeswhere. It contains useful tips about—you guessed it—what goes where.

Before I'm done, I need to invite you to my next Aldertalk session. It will be on May 30 in the large gym at the Lake Bonavista Community Centre from noon to 2 p.m. So meet me there, and we can discuss whatever you like. You can also learn more about Aldertalk by visiting calgary.ca/aldertalk.

Thanks for reading, and please feel free to contact me anytime!



Guides
Canada

FAMOUS FIVE DISTRICT

Thank you to so many who supported our District Carnival. It was a fun time and the money raised will be used by units in our district for camps, activities and program.

Did you hear, the Classic Cookies have arrived! Some units are going door to door, but if we've missed you, please contact Pat, isteads@telus.net with your address and we'll see that someone delivers your order to you. Cookies are the major fundraising for Girl Guides and your purchase allows us to provide programming that teaches self-respect, community awareness, safety, leadership and so much more.

Beginning June 1, 2015, new members will be able to register for the fall program start. Watch for more information in the coming months about registering your daughter for Girl Guides. Current members will be sent information about re-registering your daughter for the fall, please watch your emails or speak with your guider.

Would you like to become a leader for the fall? We're always looking for women to help. Why not start the registration process now, take advantage of some training offered in June and be ready for a fun time in September? Contact Pat, isteads@telus.net, for more info.

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your COMMUNITY business of the month

Adorn Hair Salon

Deer Ridge Community

Adorn Hair Salon opened in 2012 in the Deer Ridge Shopping area. This location was chosen to service a diverse area which includes seven different communities. We believe this is a prime location for us, and offers us an opportunity to see a wide range of guests who will find value in our knowledgeable and skilled team.

We offer a friendly and welcoming environment to our guests so their hair needs can be taken care of by stylists who continually update and evolve their skills. Adorn Hair Salon was created by a professional with 26 years of experience, to be a professional salon. A place for educated, confident hairstylists to service their guests in a venue that is both fun and comfortable. Most importantly, we want our guests to know that we truly care about each of them. At Adorn "CARE" stands for

Communication
Assurance
Respect
Effort

Our mission is to create an experience that consistently exceeds expectations through our values in education, communication and a deep appreciation of our clients.

The team at Adorn Hair Salon works hard to encourage one another and help each other in any way. This means we take care of each other's guests if the regular stylist happens to be unavailable. Our team takes pride in their careers and are committed to continued education, for themselves, and for the next generation of stylists as we are also a training salon. This means that we, as a team, mentor and train up and coming stylists in the beauty industry. We are passionate about helping them learn and advance their skills and careers. Because of this, we are able to offer various skill levels and price points to better accommodate the needs and wants of our guests.

Adorn Hair Salon is primarily a Redken Salon, carrying Redken hair colour and a wide range of Redken hair care products. All hair care and styling products that are used within our salon are available to purchase for con-

tinued home use, offering you the best results, and prolonging the benefits of the services you received. Our team will advise you on which home regimen will best suit your needs, and educate you on the most effective way to use your new take home products.

You can find us at 101a, 14919 Deer Ridge Drive SE (next to Dairy Queen).


You can also Like us on Facebook (Adorn Hair Salon Inc.) and follow us on Twitter (@adornhairyy) to stay up to date on current promotions, products and trends.

Please visit our website www.adornhairsalon.ca where you can meet our team and find the stylist that is right for you!

Our hours of operation are:
Tues - Thurs 9am-8pm
Fri - 9am-5pm
Sat - 9am-4pm
Sun and Mon - Closed

Call 403-225-3030 to book your first or next appointment.

We look forward to seeing you, and assisting you with all your hair care needs!



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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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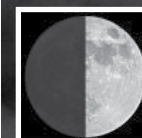
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MAY MOON CALENDAR



First
Quarter
May 6



Full
Moon
May 14



Last
Quarter
May 21



New
Moon
May 28

in & around
your community

schools

Helping Hands at École St. Cecilia School contributes to the community

Over 100 students at École St. Cecilia School recently wrapped up their Helping Hands project, focused on contributing to family and community through chores and activities, and raising over \$2,000 for the Calgary Humane Society.

The Helping Hands project sees students, together with their parents, create a list of tasks the child can undertake tied to an amount earned for each task completed to be donated to a good cause (for this year, the Calgary Humane Society). Taking out the garbage, putting away cutlery and shovelling a neighbour's driveway are just some of the tasks that are tallied.

To further connect Helping Hands with the Calgary Humane Society, students learned about the Calgary Humane Society through an onsite visit with Tracey Keegan, the Humane Society Community Outreach Facilitator.

Additionally, our grade six students presented on the cause to all other grades, including information about the Humane Society, a short drama presentation and a game.

Finally, students who participated could contribute a photo of their pet to be displayed at the school and submit a video of themselves completing a Helping Hands task.



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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.



FISH CREEK

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Mon - Thur - 10:00 am – 9:00 pm • Fri & Sat - 10:00 am – 5:00 pm
Sun (mid-Sept to mid-May) - noon – 5:00 pm

Computer Technology Coaching. Drop in for one-on-one, volunteer help on using the Internet and Microsoft Office products. Tuesdays, May 5 to Aug. 25 6:30 - 8:30 p.m.

Canadian Historical Novelists at Home and Abroad. Join multiple award-winning Canadian novelist Susannah Kearsley and international bestseller Genevieve Graham as they share the events and travels that inspired their latest historical novels, *A Desperate Plea*, set in Paris and London, and *Tides of Honour*, set in France and Halifax. Monday, May 11, 7 - 8:30 p.m.

ESL Conversation Club (Intermediate). Practise your English listening and speaking skills in this six-week program. Wednesdays, May 20 to June 24, 6:30 - 8:30 p.m.

Cross-Cultural Parenting. Are you an immigrant parent or caregiver new to Canada? Join this program to discuss issues affecting immigrant parents and learn how to adapt your family to a new country and culture. Free childcare provided for children 6 months to 6 years old. Register by calling the Calgary Immigrant Women's Association at 403.444.1751. Thursdays, May 21 to June 25, 10:15 a.m. - 12:15 p.m.

Calgary's Best Walks. Join Lori Beattie, intrepid urban walker and author of *Calgary's Best Walks* for a slide-show presentation that leads you on the best walks in Calgary. Thursday, May 21, 7 - 8:30 p.m.

eBooks and Library Apps Coaching. Drop in for help with Library apps including OverDrive, 3-M Cloud, Zinio, Freegal and Hoopla. Devices must be set-up and ready to use before the program. Familiarity with your device, including passwords needed to access apps, is required. Tuesday, May 26, 2 - 3:30 p.m.

Exploring Entrepreneurship. Is self-employment right for you? Discover the realities of starting and maintaining your own small business. Presented by Momentum, a Community Economic Development organization. Saturday, May 30, 1 - 3 p.m.

A valid library card is required to register for any program. Library cards are now free. For more information you can visit your local library, call 403-260-2620, or go online at www.calgarylibrary.ca.

IMPORTANT NUMBERS	
ALL EMERGENCY CALLS	
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	403.943.5465
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	1.800.332.1414
Poison Centre - Alberta	403.944.1414
Suicide Crisis Line	1.800.784.2433
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Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority (Towed/Abandoned Vehicles etc.)	403.537.7100
Calgary Seniors' Resource - SeniorConnect	403.266.6200
Elder Abuse Resource Line (65+)	403.705.3250
Call Before You Dig (Buried Utilities)	1.800.242.3447
City of Calgary	311
Elder Abuse Resource Line (65+)	403.705.3250
Kerby Centre for the 55 plus	403.705.3246
Neighbour Mediation Hotline	403.269.2707
Road Conditions – Calgary	1.877.262.4997
Weather Information	403.299.7878
Gamblers Anonymous	403.237.0654

DISCLAIMER

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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication
Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

GARAGE SALE: Gigantic indoor garage sale. Saturday, May 25. 8am to 2pm. Deer Park United Church. 77 Deer Point Road SE. Hardware, kitchenware, toys, jewelry, linens, books, electronics, sports equipment.

DeerRidgeCA@gmail.com

Editorial Content DEADLINE

5th of each month for the next month's issue

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BODHI

Alberta Guide Dog

Alberta Guide Dog Services is seeking volunteer Puppy Raisers to provide loving homes to puppies training to be Guide Dogs (for blind or visually impaired individuals) and Autism Support Dogs (for children with moderate to severe autism and their families). This is a 24/7 commitment that involves providing our pups with basic obedience and socialization skills, from the time they are 7-8 weeks to 14-18 months old. Through scheduled visits and obedience classes, as well as guidance from a Puppy Raising Supervisor and advice from existing volunteers, you will have a terrific support system throughout this very rewarding experience. Volunteers must be available during the day. We provide food, vet care and other basic necessities for the pup. If you are interested in raising a puppy that could grow up to change someone's life, please contact Alberta Guide Dog Services. (Or please call Sandra at 403-616-3228 or email sandra.cramer@albertaguidedog.com).



Deer Ridge Real Estate Update

Last 12 Months Deer Ridge

MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
March 2015	\$441,433	\$437,666
February 2015	\$462,400	\$447,250
January 2015	\$349,800	\$340,000
December 2014	\$0	\$0
November 2014	\$449,266	\$444,583
October 2014	\$399,363	\$389,875
September 2014	\$378,900	\$373,950
August 2014	\$433,320	\$424,380
July 2014	\$398,650	\$400,375
June 2014	\$417,960	\$413,560
May 2014	\$413,422	\$406,666
April 2014	\$466,600	\$468,866

Last 12 Months Deer Ridge

MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
March 2015	7	3
February 2015	2	2
January 2015	2	1
December 2014	1	0
November 2014	2	6
October 2014	5	4
September 2014	2	2
August 2014	7	5
July 2014	5	4
June 2014	4	5
May 2014	7	9
April 2014	7	3
Total	51	44

To view the specific SOLD Listings that comprise the above
MLS averages please visit deer-ridge.great-news.ca



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