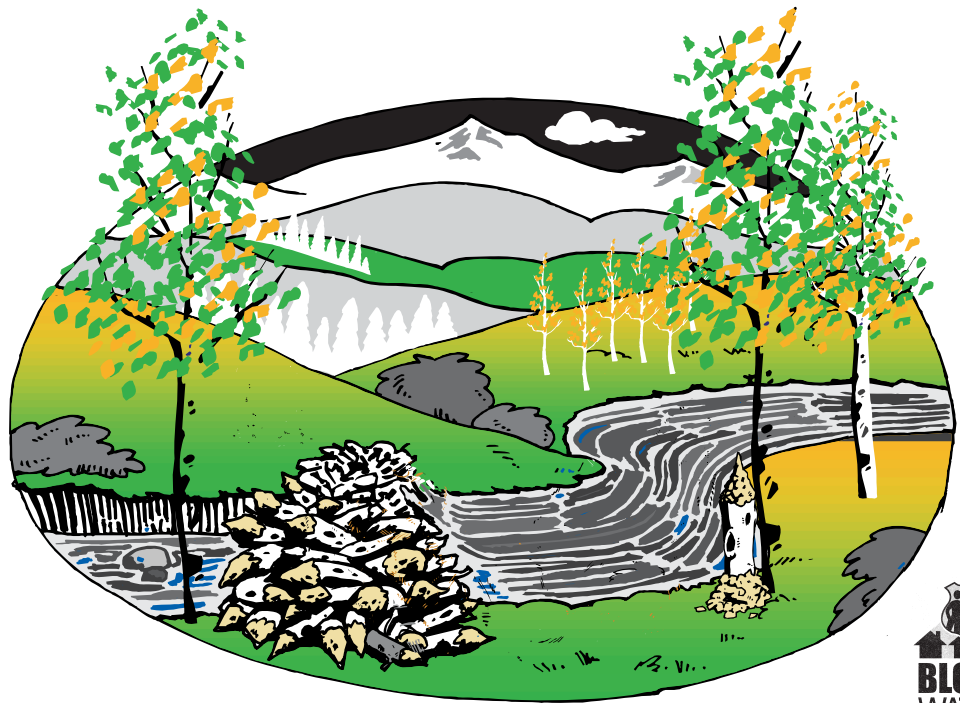


September 2013



# Deer Ridge

## Review



### Deer Ridge Community Association Newsletter

Box 43052, Calgary, Alberta T2J 7A7 – Website: [www.deerridgecommunity.org](http://www.deerridgecommunity.org)

#### OUR VISION

*We will be a safe community with established programs and facilities, committed volunteers, and we'll be financially stable.*

#### OUR MISSION

*To enhance the quality of life in Deer Ridge for today and the future by establishing and fulfilling the common goals, needs and interests of our community.*

# ARE YOU LOOKING?

## So are your potential customers!

Advertise in **SPECIFIC COMMUNITIES** that contain your potential customers and apply your valuable advertising dollars to only select areas that will produce a return on your investment. Most residents of a specific community have similar needs, so why waste your hard earned dollars with blanket city wide advertising? No-charge ad design is included in the price. You can also revise your ad and community placement(s) at no charge. Low delivered cost — less than 3 cents a home. Discounts are offered for 3 or more insertions.

When asked why they advertise in community newsletters, a top realtor replied “Whenever I go into a home, I always see the community newsletter on the kitchen counter, throughout the month”. With an extended shelf life, especially compared to other print media; and an uncluttered format, community newsletters have excellent retention. Our advertising content is limited to approx 50% of the publication. It's **not a flyer bundle**. Because space is limited, you'll need to call early to book your space. Our booking deadline is the 6th of every month prior to delivery (**with some exceptions... so call anyway, even if you're a little late!**).

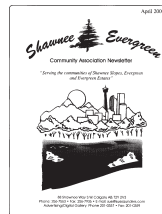
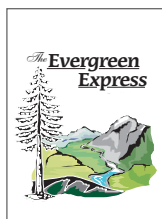
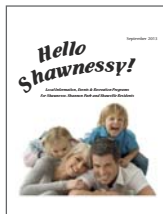
We enjoy the attention of a high quality readership. The demographic of our publications is primarily young families with high disposable income; the communities we serve are all in the top 2% of income communities in Calgary. Remember, it's not about how many copies are printed for \$x — it's about how many qualified contacts are made, follow-ups received, and sales made.

**Next Issue: October**  
**TAKE THE FIRST STEP!**  
**Call Digital Gallery: 403-201-0357**

**E-mail: [digitalgallery@shaw.ca](mailto:digitalgallery@shaw.ca)**

**Deadline for the next issue: September 6**

### Our Publications:





**Deer Ridge Community Association  
Board of Directors & Community Contacts  
Box 43052, Calgary, AB T2J 7A7**

**EXECUTIVE**

President .....	Bob Hall .....	403-278-6817
Past President .....	Karen Stevenson .....	403-278-3353
1st Vice President .....	Gordon Miller .....	403-278-3353
2nd Vice President .....	Margaret Dawkins .....	403-251-7098
Treasurer .....	Laura Rivero .....	403-452-0181
Secretary .....	Barb Chapin .....	403-285-9492

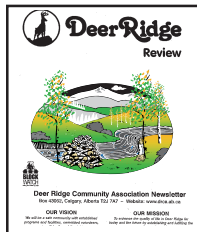
**DIRECTORS AT LARGE**

Director at Large .....	Roy Franco .....	403-278-1187
Director at Large .....	Lannis Anderson .....	-----
Director at Large .....	Dawn Wallace .....	-----
Director at Large .....	Yvonne Bergmann .....	-----
Director at Large .....	Barb Chapin .....	403-285-9492
Director of Communications .....	Margaret Dawkins .....	403-251-7098
Director of Facilities .....	Gordon Miller .....	403-278-3353
Director of Casino Coordination .....	Laura Rivero .....	403-452-0181
Director Membership .....	Bob Hall .....	403-278-6817

**COMMUNITY COORDINATORS**

Building Safe Communities .....	VACANT	
Casino Coordinator .....	Bob Hall .....	403-278-6817
Ice Rink Coordinator .....	Gordon Miller .....	403-278-3353
Newsletter Advertising .....	Digital Gallery .....	403-201-0357
Tennis Court Coordinator .....	Larry Lemieux .....	403-278-2199
Trico Representative .....	Karen Stevenson .....	403-278-3353

Visit our website at [www.DeerRidgeCommunity.org](http://www.DeerRidgeCommunity.org) If you have any questions or concerns,  
please contact us at [DeerRidgeCA@gmail.com](mailto:DeerRidgeCA@gmail.com)



***The Deer Ridge Review—Your Community Link!***

The Deer Ridge Review is published 11 times a year by the Deer Ridge Community Association and Digital Gallery. Circulation: 1800. The newsletter is delivered usually the first week of the month. **Deadline** for articles, classified ads, and display ads is 5:00 p.m. the **fifth day of the month** for the next month's issue. Please call early to ensure best location! **All display ads** within the Deer Ridge Review are done through **Digital Gallery**. To set up your ad, please call: **403-201-0357**, fax: **403-201-0359**, or e-mail to: [digitalgallery@shaw.ca](mailto:digitalgallery@shaw.ca).

Every effort is made to ensure the information contained in this newsletter is current and correct, however, neither the Deer Ridge Community Association nor the Deer Ridge Review is responsible for any errors or omissions contained herein. The opinions expressed within these articles, reports or submissions reflect those of the author and should not be considered to reflect those of the Deer Ridge Community Association.



## *President's Message*

We hope that everyone had a wonderful summer and we are looking forward to a busy Fall Season in Deer Ridge.

**NEW WEBSITE & BLOG** – You will now be able to access all of the updates on our New Website [www.deerridgecommunity.org](http://www.deerridgecommunity.org). Please visit often to see upcoming community events. Also follow us on twitter @DeerRidgeCA and our blog [www.DeerRidgeCA.com](http://www.DeerRidgeCA.com)

**ALDERMAN DEMONG'S WARD 14 BBQ** – September 21 2013, 11am to 2pm South side of Southcentre Mall parking lot. Free burgers, beverages, music, and lots of smiling friendly faces. But most importantly, it will be a chance to raise some awareness – and raise some money – for Ward 14's hard working community associations

### **MOVIE IN THE PARK**

We had two very successful "Movie in the Park" features this summer. "The Croods" in July and "The Avengers" in August. Both were well attended at Yellow Slide Park and we would like to thank Mr. Roy Franco and Ms. Dawn Wallace for the work and effort on both these events. Also the Deer Ridge CA volunteers for all their help.

**DEER RIDGE YELLOW SLIDE PARK PLAYScape REPLACEMENT** – The playscape in Yellow Slide Park will be replaced September 19-21 2013. We will need volunteers to help with the replacement. If you are interested in helping with the assembly, please contact Bob Hall at [DeerRidgeCA@gmail.com](mailto:DeerRidgeCA@gmail.com). Please visit the website for updates.

**MEMBERSHIP DRIVE** – Your current membership ends August 31, 2013. Your 2013 - 2014 membership starts September 1, 2013. Memberships application forms are available in this Deer Ridge Review and on our Blog and website. Please mail the completed forms in with a cheque for \$ 15.00 to Deer Ridge Community Association, Box 43052, Calgary, AB T2J 7A7

**DEER RIDGE HISTORY FROM 1980 TO PRESENT** – We are also looking for Deer Ridge History to be included in our new Blog. If you have been a long time resident of Deer Ridge, we need your help. We are working on a



historical timeline of the Deer Ridge Community. We are specifically looking for information and pictures from 1980 to 1990 but if you have any information from the past 33 years it would be appreciated. If you have any information that you can forward, please call Bob Hall at 403-278-6817 or email: [DeerRidgeCA@gmail.com](mailto:DeerRidgeCA@gmail.com)

**DEER RIDGE COMMUNITY GARDEN** – Our first year and what a huge success! We will be harvesting now till the end of the month. We would like to expand the garden for next year so if you have any interest, please contact Bob Hall at 403-278-6817 or



email: [DeerRidgeCA@gmail.com](mailto:DeerRidgeCA@gmail.com)

Thank you to **Gord Miller** for his unwavering help on constructing the garden. Also **Larry, Collette, Courtney** for all your help

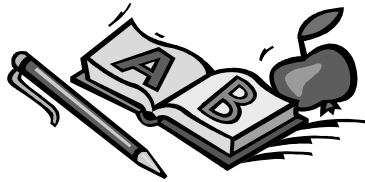
**INSIDE DEER RIDGE – SPOTLIGHT ON BUSINESS/ ORGANIZATIONS IN THE DEER RIDGE** – Do you own or manage a business or organization in Deer Ridge. Let us do a free 2 page feature and introduce your business to the 1500 households in the community of Deer Ridge. If you have any interest, please contact Bob Hall at [DeerRidgeCA@gmail.com](mailto:DeerRidgeCA@gmail.com)

Again, thank you for your support and if you can spare a few hours a month, please get involved and join the Deer Ridge Community Association Board.

See you around the neighborhood.

**Bob Hall**  
**President**  
**Deer Ridge Community Association.**

## École Sam Livingston Elementary School News



Bonjour and happy “back to school” from École Sam Livingston Elementary. We hope that everyone had a nice summer break. The flooding in June of 2013 postponed our annual Sports Day. We decided to start the new school year with the missed event. Sports Day was a great success! A big thanks to everyone who worked to make it such a wonderful time.

As always the quality of education is our primary concern for our students. We have used our resources for this year to ensure that excellence in teaching is maintained in our classrooms. Congratulations go to staff who have recently received Masters Degrees. We are fortunate to have exceptional quality and talented teaching staff here at École Sam Livingston Elementary.

Another area where our school is leading the way is in the matter of School Traffic Safety. Through The Calgary Association of Parents and School Councils (CAPSC) we are coordinating a Calgary School Traffic Safety Week from September 23 – 27 for schools in the city of Calgary. There are two events for children, one for parents and a focus for the public. K – grade 6 students are able to take part in a traffic safety poster contest. Grades 7 – 12 students can create a traffic safety film with a cash prize for the winning film. Parents demonstrating safety in their school drop off routines will be entered in a draw, and the public will be encouraged in their safety around schools and in setting a safer example for children. Bringing a collective voice to this issue will increase awareness. You will see posters and banners around the city as the week approaches.

That’s all for now. École Sam Livingston Elementary is off to a great start for another year of success. Bonne chance à vous aussi!



### Maria's Services

[mariasservices03@yahoo.ca](mailto:mariasservices03@yahoo.ca)

Commercial and  
Residential Cleaning

Call Maria:  
**403-667-7753**

## Sedation Dentistry?

Call **403-DENTIST**  
403-336-8478

**Open 7 Days A Week**

**DeerValleyDentalCare.com**  
Deer Valley Marketplace  
Canyon Meadows Dr. SE & Bow Bottom Tr.

Multiple  
Sedation  
Options

## Finding my STRENGTH WITH JAZZERCISE



### ONE MONTH FREE

(Some restrictions may apply)

- Queensland Community: Mon/Wed: 6:30 p.m.
- Canadian Legion (9202 Horton Rd. S.W.)  
Saturday: 8:45 a.m.

Wear comfortable clothing that does not restrict your movements and allows for sweat evaporation. Also be sure to bring a water bottle and towel. To view basic movements performed in class, go to [jazzercise.com](http://jazzercise.com)

**Call Patsy (403)225.4410  
or [ptjazz@telus.net](mailto:ptjazz@telus.net)**

## ***Spotlight Inside Deer Ridge***

The Deer Ridge Community Association presents this monthly feature to highlight the many businesses, organizations and services within the Deer Ridge Community. For the month of September 2013 we acknowledge Ms. Barb Chapin, Piano Teacher in Deer Ridge.

At our family gatherings, we often played our instruments and danced together in our family band. There was always a love of music in my family.

It all started for me at the age of six when Santa Clause brought me an accordion and from that point on, there was no looking back. Soon after that, I learned how to play the piano and my love of music continued to grow.

Along with my love of music came a love of teaching. What a great combination! I became involved with the child development center and discovered how music can be used to help children with special needs.



As Plato is quoted saying *"Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything."*

Music is an intrinsic part of the fabric of our society. It is important to our economy, communicates and influences the ideals of our culture and can shape our moral character. Listening to or playing music can have a soothing effect on our minds and is a great way to unwind after a long day at work or school.

Music is an important part of our education, More than just notes, rhythm and song, it completely transforms a child's mind and opens up endless possibilities of their learning potential.

Music stimulates the mathematical and language centers of the human brain and studies show that children benefit immensely when exposed to music at an early age. Practicing music increases one's precision and accuracy and enhances comprehension and general understanding. Music provides children with a means of self expression and helps develop a young person's self-esteem. With all the evidence pointing to the benefits of music education, it is difficult to understand why music, as a subject, continues to be downplayed and in some cases completely removed from the education curriculum. Opportunities to listen, learn and play music must continue to be available to our young people.

In my experience, the notes are played well or they are not. It is hard work and practice that makes a successful performance possible. Students will achieve excellence and earn their rewards when they learn the value of a sustained effort..

I enjoy helping children discover the exciting and creative world of music. I teach ages 4 and up, providing performance opportunities at every level.. Performance takes us out of our comfort zone and helps to conquer fear and anxiety.

Music education builds the skills we will use throughout our lives.

For more information contact:

Ms. Barb Chapin  
403-285-9492  
barbchapin@shaw.ca



Disclaimer: The views, opinions and information expressed in this article are those of each organization submitting the information and in no way, implied or otherwise, reflect the views of the Deer Ridge Community Association or Digital Gallery

## *Go Back to School As a Tutor!*



It's back to school time already! Do you miss that back-to-school excitement, the buzz of the school bell, and the energy of kids? Set yourself up for a rewarding experience and be a school reading tutor. Why?

Here's what our volunteers told us:

### **YOU GET TO BE PART OF THE SCHOOL COMMUNITY!**

**Jim H.:** "With the three kids I've worked with over the last two years and all those I meet in the hallways, I have really learned to think of Patrick Airlie School as a kind of home. These kids are tons of fun and usually so happy."

**GIVING BACK FEELS GREAT! Kyle S.:** "I want to give back at a grassroots level, it makes me feel good inside knowing that my little pal is going to have a better chance at getting into post-secondary education someday. He actually likes to read now!"

**YOU MAKE A DIFFERENCE TO A CHILD! Cindy A.:** "I have seen children walking down the hall with their head bent and shoulders slumped dragging their feet, shuffling slowly along on their way to read. After time with a Calgary Reads tutor the energy shifts to a tall confident walk, even a skip in their step, and an eagerness in their eyes to read to any adult that will listen to them."

Tutor training is free and you'll be well supported by a coordinator at the school. To get involved, register as a volunteer at [www.calgaryreads.com](http://www.calgaryreads.com). As early as this fall you can begin one-on-one tutoring and help transform a struggling young reader into a joyful and confident one.

Calgary Reads is a not-for-profit organization that helps kids learn to read. Find out more at [www.calgaryreads.com](http://www.calgaryreads.com).

## *Littering: Partnering with Calgarians to Keep Calgary Clean*



Animal & Bylaw Services wants to continue to foster its partnership with Calgarians to help keep our public and private spaces clean, safe and free of garbage and debris. With the recent devastation in many of our communities, it is clear that community spirit is a strong force in our city. Thank you to everyone who continues to support and demonstrate strength and community pride!

We encourage all Calgarians to continue to contribute to their neighbourhoods by keeping their properties tidy, using proper receptacles to dispose of waste and picking up litter. Another way to foster safe, clean and healthy communities is to get involved in a community clean-up. Be sure to report any litter infractions or waste concerns by contacting 311.

Littering offences are covered under the **Street Bylaw (20M88)** and the **Parks and Pathways Bylaw (20M2003)**:

- Litter or waste must not be left, or disposed of, except in receptacles provided for waste disposal
- No person shall dispose of litter or waste from a vehicle
- No person shall leave or dispose of litter or waste that is burning i.e. cigarettes

### **FINES**

Littering: \$500.00

Littering from a vehicle : \$750.00

Disposing of burning litter: \$1,000.00

Burning litter, as we all know, can become a safety concern and any litter and waste, if not disposed of properly, can have a negative impact on our city. Thank you to all Calgarians for your continued hard work and the pride that you take in our city.

## *Friends of Fish Creek September News*

### **FLOODING IN FISH CREEK THURSDAY, SEPTEMBER 26.**

**TIME:** 7:00pm - 8:00pm

**WHERE:** Fish Creek Environmental Learning Centre, Shannon Terrace, Fish Creek Provincial Park (Access via 37 St. and 130 Ave. S.W.).

Presented by Katie Pearson, Project and Programs Director, Friends of Fish Creek, and Jennell Rempel, Visitor Services Coordinator, Fish Creek Provincial Park.

The flooding that occurred in June of 2013 along the Bow River and Fish Creek has had a substantial impact on Fish Creek Provincial Park. Learn how the park's ecology was affected by the flooding, how park changes since 2005 helped to minimize the damage in the park, and how park infrastructure such as pathways and bridges were affected by this high-water event. Explore the similarities and differences between the floods of 2005 and 2013, and learn about the ongoing challenges faced by the Park to clean-up, rebuild and reassess the most heavily affected areas of Fish Creek Provincial Park. Free to Friends members and \$5.00 for non-members. Registration Required.

To register: Call 403-238-3841 or visit our website: [www.friendsoffishcreek.org](http://www.friendsoffishcreek.org), [info@friendsoffishcreek.org](mailto:info@friendsoffishcreek.org) or

### **FISH CREEK SKILLS PARK**

In partnership with Alberta Parks and the Friends of Fish Creek, the Calgary Mountain Bike Alliance will be developing the official Fish Creek Mountain Bike Skills Park over the next few years. By providing a progressive area designed for beginners to advance riders, we accomplish several important objectives:

1. Reducing the construction of unauthorized obstacles in the park, especially in areas like Mallard Point.
2. Providing a new family-friendly recreational area within Fish Creek Park.
3. Engaging local families and youth in the design, building and ongoing maintenance of the area.
4. Increasing public safety in Fish Creek for cyclists, pedestrians and all other park users.

### **THE FOUR MAIN AREAS THAT WILL BE BUILT:**

1. Pump Track: An area of turns, bumps, rocks and other challenges for children and beginners to practice basic

riding skills. This area is planned to be completed this summer for a September opening.

2. Skills area (2014): This area will have larger rocks, logs and obstacles to practice and perfect beginner / intermediate riding skills.

3. Intermediate: An area that will include progressive jumps and tracks designer for more experience riders

4. Advanced (2015): This area will contain larger tracks and progressive jumps to challenge advanced riders

This will be the first facility of its kind in Calgary and will add to the infrastructure in Fish Creek Provincial Park. CMBA is committed to building a sustainable, natural area in keeping with the unique ecological environment within Fish Creek. If you would like more information or would like to volunteer, please visit:

<http://bikepark.cmbalink.com> or email:

[Bikepark@cmbalink.com](mailto:Bikepark@cmbalink.com)

Visit [www.friendsoffishcreek.org](http://www.friendsoffishcreek.org) for info on New Wellness programs like Meditation and Yoga, as well as Educational programs like the Autumn Birding Course and Minibus tours of Fish Creek.

## *Honouring their life with you.*

For over a century, The City of Calgary Cemeteries has supported Calgarians with care and compassion.

Queen's Park Cemetery and Mausoleum offers burial space, cremation interment, and entombment options in peaceful, natural, park-like surroundings.

**For more information visit**  
**[calgary.ca/cemeteries](http://calgary.ca/cemeteries) or call 403-221-3660.**

2013-02-64

[calgary.ca](http://calgary.ca) | contact 311



THE CITY OF  
**CALGARY**  
PARKS

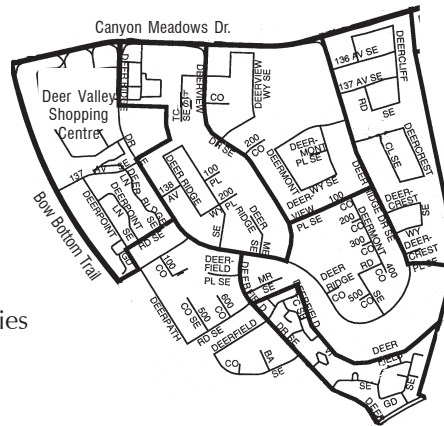


## Deer Ridge Community Association Membership Renewal Form

**Your membership expires August 31st.** It's time to purchase or renew your membership. To support your community association, please fill out the form below and send it along with your cheque for \$15.00 made payable to the Deer Ridge Community Association. Thank you in advance for your support because without the support of the community at large we cannot operate successfully. Are you wondering if you live in Deer Ridge? If you have received this newsletter in your mailbox then you live in Deer Ridge! (see map).

### WHAT DOES YOUR MEMBERSHIP PAY FOR? WHAT ARE YOUR BENEFITS?

- Community Tennis Courts
  - Children's Playground
  - Queensland Soccer
  - Two Skating Rinks
  - Community Safety/Block Watch
  - Planning & Development
  - Community Newsletter
  - Social Events
- 
- Fundraising to construct, operate & support community facilities such as the Soccer Fields and Playgrounds.
  - Your Deer Ridge membership saves 20% on a membership at the Trico Centre and discounts on many programs at this great facility.
  - Your Community Association is your voice of the community to the City of Calgary on important issues.



**Membership Application Form** – Just fill in the form below and mail with a \$15 cheque payable to Deer Ridge Community Association and mail to: DVPO Box 43052, Calgary, AB T2J 7A7 Or give to any current Member of the DRCA Board.

FAMILY NAME: _____ (Surname) (Him) (Her)	
ADDRESS: _____	POSTAL CODE: _____
HOME PHONE: _____	BUSINESS: _____
CHILDREN - NUMBER	
0-6 Years _____ 7-12 Years _____ 13-16 Years _____ 17 & Older _____	

Deer Ridge Community Association

## Support Your Community! Buy a Membership Today!



Deer Ridge Community Association Memberships can be purchased for only \$15 from the Trico Centre. Your Deer Ridge membership saves 20% on a membership at the Trico Centre and discounts on many programs at this great facility!



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Cleanability  
Incredibly Soft

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**SmartStrand**  
with DuPont "Sorona" renewable sourced polymer

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**\$1.99** PSF

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Karastan Dealer

#### LAMINATE

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**¢ 99** PSF  
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IF YOU WANT ....  
Complete Floor Covering Service  
Lowest Prices Guaranteed  
Peace of mind Guarantees

THEN...  
Call or  
Visit  
and Become ..



Morris

**\*Do Not  
Pay For Up  
To 12 Months**

\*On selected  
Products O.A.C.



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• Saturday 9-5 • Sunday Closed

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## Message From Peter Demong Alderman Ward 14



### ATTENTION RESIDENTS OF WARD 14:

Please join me on September 21<sup>st</sup> for the 3<sup>rd</sup> annual  
**Ward 14 Communities BBQ!**

**DATE:** September 21<sup>st</sup>, 2013

**TIME:** 11am to 2pm

**LOCATION:** Southcentre Mall parking lot (on the South side near Sears)

Promoting the benefits of Community Associations has become a passion of mine. They are an important part of the framework that makes up Calgary. They are a rallying point for neighbours who wish to achieve common goals, and they build strong, loyal relationships. They embody everything good that the word community conjures up.

Help me show support for these organizations by attending the **Ward 14 Communities BBQ**.

The Ward 14 Communities BBQ is an initiative that I am very proud to call my own. In the two years that it has been held, we have raised almost \$8000 for the 10 Community Associations in Ward 14 (not a dime of which came from tax revenue) and added almost 100 new members to their ranks.

Thanks to donations from several generous, community-minded sponsors, you will be able to get a **FREE BURGER**, and a **FREE MEMBERSHIP** to you local community association. The leftover funds will be divided into 10 equal cheques, made out to Ward 14's Community Associations. There will be music, entertainment, and **LOTS OF FUN...**

For questions or concerns contact me at:

**PHONE:** 403.268.1653

**EMAIL:** eaward14@calgary.ca

Join me at Southcentre Mall on September 21<sup>st</sup>!

### THE \$2 MILLION DOLLAR QUESTION – AN UPDATE

I am sure most of you are now familiar with the issue of how to allocate the \$52 Million. On July 28, 2013 the issue came to a head when Council made its decision. There had originally been five options to choose from, but the 2013 Flood added another – to spend the \$52 million to rebuild and improve flood-damaged City infrastructure.

First, Council voted on whether or not to give the money back. I have advocated for giving the money back since day 1, and am the **ONLY alderman in the last three years that has voted consistently to NOT take this tax room**.

I voted to give the money back, but the majority of Council did not. The Mayor then asked Council to decide whether or not to use \$104 Million dollars of vacated tax (52 from 2013, and 52 from 2014) to go to flood mitigation.

**I SECONDED AN AMENDMENT TO HIS PROPOSAL** to exclude the 2014 amount, leaving the option to 'give it back' alive for next year. I voted to keep that option alive. The proposal with the amendment was passed. This chapter of the vacated provincial education tax is over, but there will be another.

Stay tuned...

### **Please join PETER DEMONG Alderman Ward 14 3<sup>rd</sup> annual Ward 14 Communities BBQ**

**DATE:** September 21<sup>st</sup>, 2013

**TIME:** 11am to 2pm

**LOCATION:** Southcentre Mall parking lot (on the South side near Sears)

**FREE BURGER**, and a  
**FREE MEMBERSHIP**  
to you local community association.

**Music, Entertainment, and LOTS OF  
FUN...**



# vote

## MONDAY OCTOBER 21, 2013

Eligible electors will vote to elect their Mayor, Councillors and Public or Separate School Board Trustees on **Monday, October 21, 2013.**

You are eligible to vote if you:

- Are at least 18 years old.
- Are a Canadian citizen.
- Have resided in Alberta since April 21, 2013.
- Are a resident on Election Day;
  - of the city of Calgary for Mayor, Councillor and;
  - of the Calgary Board of Education for Public School Board Trustee, or;
  - of the Calgary Roman Catholic Separate School District No. 1, for Separate School Trustee.
- Provide one of the authorized pieces of identification.

All eligible electors can vote at the Advance Vote, October 9 – 13 and October 15 – 16.

Blind voter templates are available at the Advance Vote only.

If you can't vote at the Advance Vote or on Election Day, request a Mail-in (Special) Ballot or, if housebound due to injury, illness or disability, a special service to vote at home can be requested.

A city of Calgary General Election brochure will be delivered to every household in early October.

Visit [calgary.ca/election](http://calgary.ca/election) for more details, or download the election mobile app, YYC Vote. Information is updated regularly.

2013-1334

[calgary.ca/election](http://calgary.ca/election) | 403-476-4100 (option 2)



THE CITY OF  
**CALGARY**

## *Dogs, Ticks, And Lyme Disease*

Ticks are a parasite that dogs and people acquire when they walk through the underbrush and the small insect attaches to the skin. Anyone hiking in Alberta wilderness should check themselves and their pets for ticks when they return home. Most tick species will only cause a local lesion but ticks can be carriers of other serious diseases such as Lyme disease and Rocky Mountain spotted fever. Lyme disease is a tick borne bacterial disease that causes debilitating illness in people, but only causes serious illness in ten percent of dogs. Veterinarians in Alberta submit ticks from small animals to Alberta Health Services for the tick surveillance project.

At this point in time the species of tick, Ixodes, which carries Lyme disease, is uncommon in Alberta, but very recently a tick from a dog did test positive for Lyme disease in Edmonton. The incidence of Lyme disease is increasing and spreading throughout Canada and the USA.

Lyme disease is caused by a bacterium *Borrelia burgdorferi* carried by the tick and transmitted into the host through the tick's bite. It is suspected most infected ticks are carried into the province by migratory birds. In the normal life cycle of the Ixodes tick, it attaches to multiple hosts. If the dog picks up the tick and comes into the house the risk is the tick will end up on the dog's human.

After being bitten, it can take weeks or months for dogs to develop symptoms of Lyme disease, and in most cases it is a minor infection. The more serious arthritic form of Lyme disease is rarer and is treated with appropriate antibiotics once diagnosed. Kidney damage is possible if smoldering latent infections go undiagnosed for a long period of time. Heart and neurological issues seen in people are exceedingly rare in dogs. Specific blood tests can be run to diagnose Lyme disease in dogs.

There are vaccinations available to prevent Lyme disease in dogs, but this does not prevent the tick from entering the household; few Alberta veterinarians chose this route of prevention. Most veterinarians recommend using tick repellents and anti-parasitics as the most effective means of disease prevention. Repellent products have advanced over the last few years and are not affected by dogs swimming as they once were. Some repellent products are extremely toxic to cats.

Some products will prevent Lyme disease by killing ticks or causing them to drop off within 48 hours preventing disease transmission. Flea and tick collars are also effective

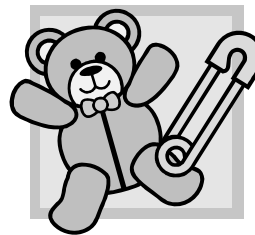
in repelling ticks. Unfortunately, some tick species are becoming resistant to some products and a few excellent products advertised on Canadian television are only available in the USA.

Carefully remove any ticks found on your pet by grasping the head with tweezers and gently pulling without twisting, and wash the area with an antibacterial soap. Save the tick in a pill vial or double zip-lock bag. Add a small piece of moist towel to prevent the tick from drying out and submit to your veterinarian or an AHS Environmental Public Health Office for the surveillance program.

Lyme disease has only recently come to the attention of Albertans. Dogs, being dogs, running through the grasses and underbrush, will more readily pick up ticks than people. In Alberta, precautions recommended will depend on your particular pet's risk and if you are traveling to endemic areas. Consult your veterinarian.

JENNIFER L. SCOTT, D.V.M.

## *St. Patrick's Church Used Toy and Kid's Clothing Sale*



*Saturday, September 28, 2013  
11a.m. - 2 p.m.  
1414 Shawnessy Blvd. SW*

**SPONSORED BY:** St. Patrick's Wednesday Parent & Tot  
**ADMISSION:** \$1.00 (children and seniors FREE)  
**PLEASE NOTE:** Strollers welcome **AFTER** 12 p.m.

**TABLE REGISTRATION:** Call Sofia at: (403) 399-7900  
Tables \$25.00 each. For more information call Sofia: at (403) 399-7900 or email: [st.patricksmomsgroup@gmail.com](mailto:st.patricksmomsgroup@gmail.com)



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## Local Farmers' Markets



### 1. KINGSLAND FARMERS' MARKET

The Kingsland Farmers Market is located at 7711 Macleod Trail S in Calgary, Alberta, just 1 minute south of Chinook Centre. The central location allows us to bring the best of the farm to the heart of the city!

#### INDOOR MARKET HOURS: NEW HOURS: OPEN LATER

Thursday 9:00 - 5:00 pm      Friday 9:00 - 5:00 pm  
Saturday 9:00 - 5:00 pm      Sunday 9:00 - 5:00 pm

### 2. MILLARVILLE FARMERS' MARKET

**WHERE:** Millarville Race Track

June 15th - October 12 (weekly);

Every Saturday from 9:00 a.m. - 2:00 p.m.

\$2.00 Parking. NO DOGS ALLOWED

Wear your rubber boots if the weather is wet!

Millarville is the largest market in Southern Alberta!!! More than 170 vendors. The Millarville Farmers' Market offers top quality vendors, breakfast concessions and outstanding live entertainment. With as few as six tables in its commencing year, the market has grown into Alberta's greatest outdoor market. The Millarville Farmers' Market provides local people with a place to display and sell items. Vendors who are from outside of the community must offer produce and articles that are not locally available to participate in the market.

### 3. 106TH - ANNUAL PRIDDIS AND MILLARVILLE FAIR

**When:** Saturday, August 17, 2013

**Where:** Millarville Race Track (20 minutes South of Calgary), Millarville

**Admission:** \$5.00 per person, children under 8 Free.

**Fair hours are 8:30 a.m. to 4:30 p.m.**

The Priddis & Millarville Fair, more than a century-old, is one of the last, great, traditional, old-time Agricultural Fairs in Canada. Founded in 1907 and held every year since, the Fair today is a wondrous extravaganza for kids in particular, with a Kid's World, a petting zoo, big horses, small horses,

hayrides, roping competitions and ribbons awarded in junior events ranging from photography to baking to 4-H. The day is a big one for adults as well, including a multitude of competition ribbons and a parade, not to mention a full day integrated with the famous Millarville Farmers' Market.

### 4. THE SOUTH FISH CREEK RECREATIONAL ASSOCIATION ANNUAL FARMERS' MARKET (JUNE 7-SEPT 20)

Come on down every Friday, June 7-September 20, 2013 between 1:00-5:00pm to check out the SFCRA Farmers' Market! "Exciting News.... The South Fish Creek Recreation Association Farmers' Market has received official Sunnygirl Approval from Alberta Agriculture! We are now an approved market and very much look forward to the exciting changes ahead. The approval allows us to open up our market to even more vendors whom we would've turned away due to certain restrictions on food preparation!

### 5. CALGARY FARMERS' MARKET

510 77th Avenue SE, Calgary, Alberta T2H 1C3

#### Market Hours ( Open all Year )

Thursday: 9 am - 5 pm

Friday: 9 am - 5 pm

Saturday: 9 am - 5 pm

Sunday: 9 am - 5 pm

## Fostering Safe Communities...

Responsible pet owners contribute to healthy and safe communities by preventing their cat or dog from becoming a nuisance. The first step to contributing to safer pets and communities is to license your cat or dog.

- The licence tag lets people know that the cat or dog they have found has an owner.
- Licensing helps to protect your pet by providing Animal & Bylaw Services with the information required to reunite you with your pet if he gets lost.
- With a licence, pets who get lost can be returned home sooner, limiting the potential nuisance to community members.
- Licensing fees pay for all of our Animal Services operations which includes officers driving lost pets straight home.
- The fees also allow us to shelter, feed and protect other lost cats and dogs in our facility, keeping both the animals and citizens safe.

For information on more advantages of licensing, visit [calgary.ca](http://calgary.ca) and search "Licensing a cat or dog."

## *Message from Heather Forsyth – M.L.A. Calgary Fish Creek*

**DISASTER 2013** – As we are all aware, the devastation of the June flooding will continue for a very long time. Folks in many of the areas are still somewhat uncertain of the coverage they will receive to either rebuild or relocate. With all of the heartbreak there are beacons of light with the thousands of volunteers helping total strangers try to get their lives back to some semblance of order. I'd like to repeat part of my August message: An excellent resource for what's needed and where, is: <http://alberta.ca/how-you-can-help.cfm>. As well our Calgary Food Bank has a website: [www.calgaryfoodbank.com/](http://www.calgaryfoodbank.com/) which may also be helpful. Speaking from my own experiences while volunteering at the Drop In Centre, and in High River, I can certainly attest to the extreme gratitude of those impacted by the true spirit of community residents.

**NEW STANDARDS TO PROTECT HOMES & BUSINESSES ANNOUNCED.** New minimum standards were introduced by the province July 28th for protecting homes and businesses in flood fringe zones.

Expected to add about 15% to the cost of mitigating each home, which government officials roughly estimate at around \$10,000 on average — the new standard calls for the use of water-resistant materials that can be cleaned easily. It also demands openings in basements for pipes and wiring be sealed.

Electric panels also have to be moved or modified so basement circuits that may be affected by flood water are isolated from the rest of the home or business.

Setting these measures today is the first step toward mitigating potential future damages by rebuilding safer homes and stronger communities.

A new funding formula based on square footage was also announced for homes needing to be rebuilt. Bungalow and bi-level home owners, for instance, will get \$126 per sq.-ft. for above grade work, \$25 per sq.-ft. for foundations and \$35 per sq.-ft. for basements. Adjustments will also be made for different communities to reflect the increased costs of labour and supplies.

“What this does is bring a level of fairness into the program as it will assess and calculate a home in Sunnyside, Calgary in the exact same manner as a home in Bragg Creek or High River. One size does not fit all circumstances and there will be some differences depending on the type of home and the level of finish in the basement.

Owners who access funding through the province's recovery program will have a notice attached to their land title, which will stay until the work is complete and inspected.



**HEATHER  
FORSYTH**

**M.L.A.**

**CALGARY FISH CREEK**

**Constituency Office Hours  
Monday to Friday  
10 AM to 4 PM**

• **Constituency Office 278-4444**

Bay 7, 1215 Lake Sylvan Dr. S.E. T2J3Z5

Email: [calgary.fishcreek@assembly.ab.ca](mailto:calgary.fishcreek@assembly.ab.ca)

Website: [heatherforsyth.com](http://heatherforsyth.com)

• **Legislative Office (780) 415-0058**

502A Legislature Annex

When calling Edmonton, please dial 403.310.0000

and ask for 415-0058. This is a free service.

Email: [calgary.fishcreek@assembly.ab.ca](mailto:calgary.fishcreek@assembly.ab.ca)

Government has a responsibility to think about Albertans who may be considering purchasing a home in a flood way or a flood fringe. These measures provide a level of protection for future buyers, for realtors, for lenders and for insurers.

**BASELINE PAYMENTS PER SQUARE FOOT:  
BUNGALOW OR BI-LEVEL**

- Above grade: \$126
- Foundation: \$25
- Basement development: \$35

**TWO STOREY**

- Above grade: \$121
- Foundation: \$23
- Basement development: \$35

**TOWNHOUSE OR DUPLEX**

- Above grade: \$113
- Foundation: \$23
- Basement development: \$35

**BACK TO SCHOOL** – Summer vacation's over for our school communities, so once again, a reminder school zones are once more in effect. Watch your speed, drive safely, and protect our children.

**LEGISLATURE RESUMES** – Resumption of the 28<sup>th</sup> Legislature will begin during the last week of October. As your MLA, I am always available to assist constituents. I can be reached at my constituency office in Bonavista Village at #7, 1215 Lake Sylvan Drive S.E., phone (403) 278-4444. My e-mail address is: [Calgary.fishcreek@assembly.ab.ca](mailto:Calgary.fishcreek@assembly.ab.ca)

## Classified Ads



**\*\* NO PHONE-IN'S WILL BE ACCEPTED.  
CHANGES TO ADS MUST BE DONE IN WRITING/E-MAIL**

**COST: \$25.00 + GST**

For additional lines, the fee is \$5.00 more - up to a maximum of 50 words. There is no charge for lost and found items. We will not print any ad that has not been paid for prior to the deadline. All the ads will run on a monthly basis.

The cut-off date is 5:00 p.m. of the fifth day of the month prior to the issue month. For advertising, call Carole: 403.201.0357 or e-mail: [digitalgallery@shaw.ca](mailto:digitalgallery@shaw.ca)

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### PERSONAL & BUSINESS SERVICES .

**PIANO, KEYBOARD OR THEORY LESSONS** – Weekly 1/2 hour private lessons in Deer Ridge area. \$80.00 per 4 week month. 30 years teaching experience. All ages and levels welcome. Learn classical, blues, jazz, pop or prepare for RCM Examinations. Call Ms Barb at 403-285-9492 or e-mail at [barbchapin@shaw.ca](mailto:barbchapin@shaw.ca)

**IS CHILD CARE IMPORTANT TO YOU?** Mature, reliable mom will provide quality care for your child or children in your home (full or part time). References upon request. Call Bonnie at 254-5833. from grade 1 to grade 9.

**FRENCH IMMERSION STUDENTS & PARENTS:** Individual or small group tutoring for students in French Immersion & Late French Immersion Programs. Also available for parents who would like to improve their French. Located in the south. For more information, call Madeleine at 403.212.8983.

**WATKINS HOUSEHOLD PRODUCTS** – Money-back guarantee on all 400 quality products; spices, extracts, cleaners & personal care. Call 873-1102 or email: [smpj33@telus.net](mailto:smpj33@telus.net)  
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## **BACK TO SCHOOL SAFETY**



Alberta Health Services EMS would like to remind parents and students of some basic road safety tips as streets become busier with the return of the school year. Pedestrians and motorists each have an important role to play- road safety is a shared responsibility.

### **PEDESTRIANS**

- Cross only at marked crosswalks or street corners that have clear visibility from all directions.
- Make eye contact with all drivers before crossing the street.
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop.

### **AROUND SCHOOL BUSES**

- Flashing amber lights mean a bus is slowing down to stop. Motorists should do likewise.
- No matter which direction you are coming from, STOP when approaching a school bus with activated flashing red lights - unless the bus is on the opposite side of a divided highway from you.
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

### **MOTORISTS**

- Avoid talking on cell phones, texting, or any other behavior that diverts your attention away from driving.
- Give right of way to pedestrians who have activated overhead crossing lights or who are waiting to cross from a street corner.
- Remember it is illegal to pass vehicles, other than those that are parked, in school zones or playground zones during posted hours.
- Stay within the crosswalk lines until fully clear of the road way.
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop.
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing.
- Remember: children learn by observing you. By teaching them safe crossing habits as early as possible you can reduce the chance your child may be involved in a preventable auto/pedestrian collision

[www.albertahealthservices.ca](http://www.albertahealthservices.ca)

# Teeth Whitening: Which Methods Actually Work?

More and more people today are considering getting their teeth whitened to keep that youthful bright smile. Let's face it, first impressions are vastly important in this day and age. When we first meet someone, their face makes a huge impression on us. A radiant smile automatically registers feelings of trust.

But confusion can set in when you look at the toothpaste shelves in your local grocery or drug store, it seems everyone has whitening toothpaste. Add to this the huge influx of over the counter paint on gels and tape strips and you get more confused than ever.

With so many over the counter options, is it really worth the extra cost to go to a dentist for professional whitening?

**The quick answer is: YES**

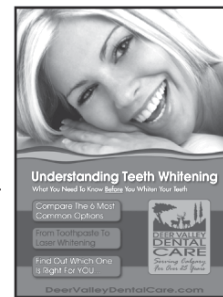
**Toothpaste provides little or no whitening whatsoever** and some may even cause tooth and gum damage if used over long periods. **The gels are very difficult to administer** and usually get washed off before they have time to do anything. Strips can be a good inexpensive option but only for your front teeth and only if they are perfectly straight. **Strips will not whiten between teeth either**, leaving you with dark stripes that become more obvious the

whiter your teeth get. You may even end up spending more on strips than you would at the dentist for similar results because professional whitening is more than 3 times stronger.

The bottom line: For sparkling white teeth see your dentist. With options like take home trays, laser whitening and even Deep Bleaching for those with hard to whiten teeth, your dentist can ensure you get the results you want in a much shorter period of time.

## Compare 8 Of The Most Common Teeth Whitening Methods To Find Out Which One Is Right For You.

Request your FREE Teeth Whitening Guide "Understanding Teeth Whitening". This guide includes an easy to read chart that compares the prices and benefits of everything from toothpaste to Deep Bleaching and even permanent whitening.



**Request yours online at:**  
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